

THE MAIN PUBLICATION LIST

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ATHLETE TRAINING TECHNOLOGIES

Exercise Physiology

Bruzas, V., Venckunas, T., Kamandulis, S., Snieckus, A., Mockus, P., & Stasiulis, A. (2023). Metabolic and physiological demands of 3×3-min-round boxing fights in highly trained amateur boxers. *The Journal of Sports Medicine and Physical Fitness*, 63(5), 623–629. <https://doi.org/10.23736/S0022-4707.22.13661-3>

Cesanelli, L., Degens, H., Rifat Toper, C., Kamandulis, S., & Satkunskiene, D. (2025). Lower calf raise efficiency in obesity is partially related to higher triceps surae MTU passive stiffness, hysteresis, and reduced relative strength. *Journal of Applied Physiology*, 138(4), 1066–1078. <https://doi.org/10.1152/jappphysiol.00702.2024>

Cesanelli, L., Thomas, R., Mickevičius, M., Snieckus, S., Mickevičienė, D., Venckūnas, T., Stasiulis, A., & Kamandulis, S. (2026). Short-term effects of broccoli-derived glucoraphanin on recovery from eccentric muscle damage: A double-blind randomized crossover study. *Nutrients*, 18(4), 710. <https://doi.org/10.3390/nu18040710>

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Mačinskas, E., Stasiulė, L., Pužas, K., & Stasiulis, A. (2023). Physiological variables that contribute to aerobic fitness in boys during early adolescence in the context of basketball training and the maturity level. *Journal of Human Kinetics*, 86, 145–154. <https://doi.org/10.5114/jhk/159627>

Maconyte, V., Stasiule, L., Juodsnuikis, A., Zuoziene, I. J., & Stasiulis, A. (2024). Aerobic capacity in swimming, cycling and arm cranking in swimmers aged 11–13 years. *BMC Sports Science, Medicine and Rehabilitation*, 16(1), 208. <https://doi.org/10.1186/s13102-024-00974-7>

Satkunskiene, D., Kamandulis, S., Brazaitis, M., Snieckus, A., & Skurvydas, A. (2021). Effect of high volume stretch-shortening cycle exercise on vertical leg stiffness and jump performance. *Sports Biomechanics*, 20(1), 38–54. <https://doi.org/10.1080/14763141.2018.1522366>

Venckunas, T., Brazaitis, M., Snieckus, A., Mickevicius, M., Eimantas, N., Subocius, A., Mickeviciene, D., Westerblad, H., & Kamandulis, S. (2022). Adding high-intensity interval training to classical resistance training does not impede the recovery from inactivity-induced leg muscle weakness. *Antioxidants*, 12(1), 16. <https://doi.org/10.3390/antiox12010016>

Venckunas, T., Minderis, P., Silinskas, V., Buliuolis, A., Maughan, R. J., & Kamandulis, S. (2024). Effect of low vs. high carbohydrate intake after glycogen-depleting workout on subsequent 1500 m run performance in high-level runners. *Nutrients*, *16*(16), 2763. <https://doi.org/10.3390/nu16162763>

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Health

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Injury Prevention

Kamandulis, S., Cadefau, J. A., Snieckus, A., Mickevicius, M., Lukonaitiene, I., Muanjai, P., Satkunskiene, D., Molina, V., de Blas Foix, X., & Conte, D. (2023). The effects of high-velocity hamstring muscle training on injury prevention in football players. *Frontiers in Physiology*, *14*, 1219087. <https://doi.org/10.3389/fphys.2023.1219087>

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Molecular Biology

Cesanelli, L., Minderis, P., Balnyte, I., Ratkevicius, A., Degens, H., & Satkunskiene, D. (2025). Obesity-driven musculotendinous remodeling impairs tissue resilience to mechanical damage. *Cell and Tissue Research*, 400(3), 287–302. <https://doi.org/10.1007/s00441-025-03967-1>

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Mood and Depression

Kamandulis, S., Lukonaitiene, I., Snieckus, A., Brazaitis, M., Mickevicius, M., Cernych, M., Ruas, J., Schwieler, L., Louvrou, V., Erhardt, S., Westerblad, H., & Venckunas, T. (2024). Mood, cognitive function, and plasma kynurenine metabolites responses following severe changes in physical activity. *Medicine and Science in Sports and Exercise*, 56(10), 2007–2015. <https://doi.org/10.1249/MSS.0000000000003488>

Motor Control and Learning

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Sports Science

Brazdionyte, R., Motiejunaite, K., Poderiene, K., Trinkunas, E., & Kairiukstiene, Z. (2025). Age-related cardiovascular responses to intermittent back muscle and bicycle ergometer exercise in healthy adults. *Applied Sciences*, *15*(13), 6985. <https://doi.org/10.3390/app15136985>

Cesanelli, L., Fernandez Lopez, J. A., Lagoute, T., Ylaite, B., & Stasiulis, A. (2024). Performance metrics to predict national-level competition outcomes in a cluster of road cyclists. *International Journal of Performance Analysis in Sport*, *24*(4), 361–373. <https://doi.org/10.1080/24748668.2023.2300574>

Conte, D., Lukonaitiene, I., Matulaitis, K., Snieckus, A., Kniubaite, A., Kreivyte, R., & Kamandulis, S. (2023). Recreational 3 × 3 basketball elicits higher heart rate, enjoyment, and physical activity intensities but lower blood lactate and perceived exertion compared to HIIT in active young adults. *Biology of Sport*, *40*(3), 889–898. <https://doi.org/10.5114/biol sport.2023.122478>

Kamandulis, S., Dudėnienė, L., Snieckus, A., Kniubaite, A., Mickevicius, M., Lukonaitiene, I., Venckunas, T., Stasiule, L., & Stasiulis, A. (2024). Impact of anaerobic exercise integrated into regular training on experienced judo athletes: Running vs. repetitive throws. *Journal of Strength and Conditioning Research*, *38*(9), e489–e495. <https://doi.org/10.1519/JSC.0000000000004829>

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<https://doi.org/10.3390/sports12090231>

MUSCLES, MOTOR CONTROL AND HEALTH PROMOTION

Adapted Physical Activity

Hutzler, Y., Barak, S., Aubert, S., Arbour-Nicitopoulos, K., Tesler, R., Sit, C., Silva, D. A., Asunta, P., Pozerienė, J., López-Gil, J. F., & Ng, K. (2023). “WOT” do we know and do about physical activity of children and adolescents with disabilities? A SWOT-oriented synthesis of para report cards. *Adapted Physical Activity Quarterly*, 40(3), 431–455. <https://doi.org/10.1123/apaq.2022-0123>

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Ng, K., Venckuniene, K., Klavina, A., Labecka, M., Ostaseviciene, V., Pozerienė, J., Strazdina, N., Puromies, M., Reklaitienė, D., & Morgulec-Adamowicz, N. (2025). Associations between technology use, knowledge and inclusive physical education teacher-efficacy among European primary school teachers. *Physical Culture and Sport. Studies and Research*, 108(1), 71–83. <https://doi.org/10.2478/pcssr-2025-0013>

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Vints, W. A., Mazuronytė, U., Qipo, O., Levin, O., Gujral, S., Verbunt, J., van Laake-Geelen, C. M., Pokvytytė, V., & Masiulis, N. (2025). Acute effects of neuromuscular electrical stimulation on lactate, IGF-1 and cognition in chronic spinal cord injury: A pilot randomized cross-over study. *The Journal of Spinal Cord Medicine*. Advance online publication. <https://doi.org/10.1080/10790268.2025.2545067>

Biomechanics

Cesanelli, L., Degens, H., Rifat Toper, C., Kamandulis, S., & Satkunskiene, D. (2025). Lower calf raise efficiency in obesity is partially related to higher triceps surae MTU passive stiffness, hysteresis, and reduced relative strength. *Journal of Applied Physiology*, *138*(4), 1066–1078. <https://doi.org/10.1152/jappphysiol.00702.2024>

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Environmental Physiology

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Molecular Biology

Baumert, P., Mäntyselkä, S., Schönfelder, M., Heiber, M., Jacobs, M. J., Swaminathan, A., Minderis, P., Dirmontas, M., Kleigrewe, K., Meng, C., Gigl, M., Ahmetov, I. I., Venckunas, T., Degens, H., Ratkevicius, A., Hulmi, J. J., & Wackerhage, H. (2024). Skeletal muscle hypertrophy rewires glucose metabolism: An experimental investigation and systematic review. *Journal of Cachexia, Sarcopenia and Muscle*, *15*(3), 989–1002. <https://doi.org/10.1002/jcsm.13468>

Cesanelli, L., Minderis, P., Fokin, A., Ratkevicius, A., Satkunskiene, D., & Degens, H. (2026). Myostatin in obesity: A molecular link between metabolic dysfunction and musculotendinous remodeling. *International Journal of Molecular Sciences*, *27*(2), 967. <https://doi.org/10.3390/ijms27020967>

Neuroplasticity

Qipo, O., Gajauskaitė, G., Vints, W. A. J., Levin, O., Masiulis, N., & Bautmans, I. (2026). Dose-response relationship of resistance training and the effects on circulating biomarkers of inflammation or neuroplasticity in older adults: A systematic review and meta-analysis. *Ageing Research Reviews*, 113, 102917. <https://doi.org/10.1016/j.arr.2025.102917>

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Vints, W. A. J., Šeikinaite, J., Gökçe, E., Kušleikienė, S., Šarkinaite, M., Valatkeviciene, K., Česnaitienė, V. J., Verbunt, J., Levin, O., & Masiulis, N. (2024). Resistance exercise effects on hippocampus subfield volumes and biomarkers of neuroplasticity and neuroinflammation in older adults with low and high risk of mild cognitive impairment: A randomized controlled trial. *GeroScience*, 46(4), 3971–3991. <https://doi.org/10.1007/s11357-024-01110-6>

Physiotherapy

Dudoniene, V., Adomaitytė, A., & Žlibinaite, L. (2023). Randomized controlled trial to compare conventional physiotherapy with task-oriented exercises after total hip replacement. *Journal of Back and Musculoskeletal Rehabilitation*, 36(4), 947–955. <https://doi.org/10.3233/BMR-220340>

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Kielė, D., & Solianik, R. (2023). Four-week application of kinesiotaping improves proprioception, strength, and balance in individuals with complete anterior cruciate ligament rupture. *Journal of Strength and Conditioning Research*, 37(1), 213–219. <https://doi.org/10.1519/JSC.0000000000000424>

PHYSICAL EDUCATION AND WELL-BEING

Body Image, Disordered Eating Prevention, Education Program

Baceviciene, M., Jankauskiene, R., & Rutkauskaite, R. (2023). The comparison of disordered eating, body image, sociocultural and coach-related pressures in athletes across age groups and groups of different weight sensitivity in sports. *Nutrients*, 15(12), 2724. <https://doi.org/10.3390/nu15122724>

Balciuniene, V., Jankauskiene, R., & Baceviciene, M. (2022). Effect of an education and mindfulness-based physical activity intervention for the promotion of positive body image in Lithuanian female students. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 27, 563–577. <https://doi.org/10.1007/s40519-021-01195-4>

Education Processes and Sports

Malinauskas, R., & Malinauskiene, V. (2021). Training the social-emotional skills of youth school students in physical education classes. *Frontiers in Psychology, 12*, 741195. <https://doi.org/10.3389/fpsyg.2021.741195>

Saulius, T., & Malinauskas, R. (2023). Using rational emotive behavior therapy to improve psychological adaptation among future coaches in the post-pandemic era. *Healthcare, 11*(6), 803. <https://doi.org/10.3390/healthcare11060803>

Physical Activity

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Physical Fitness

Emeljanovas, A., Mieziene, B., Venckunas, T., Lang, J. J., & Tomkinson, G. R. (2025). Trends in physical fitness among Lithuanian adolescents aged 11–17 years between 1992 and 2022. *Journal of Epidemiology and Community Health, 79*(4), 288–294. <https://doi.org/10.1136/jech-2024-223072>

Sports Ethics

Hoppen, B., & Sukys, S. (2024). Perceived coach-created empowering and disempowering climate effects on athletes' intentions to use doping: The mediational role of self-regulatory efficacy and attitudes towards doping. *Sports, 12*(4), 100. <https://doi.org/10.3390/sports12040100>

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SPORTS AND TOURISM MANAGEMENT

Management

Streimikiene, D., & Kyriakopoulos, G. L. (2022). Comparative assessment of research & development and quality of life indicators in Lithuania and Greece. *Amfiteatru economic, 24*(S16), 1014–1033.

Usas, A., & Streimikiene, D. (2025). Sustainability in the digital era: Exploring the role of public websites. *E&M Economics and Management, 28*(4), 14–28. <https://doi.org/10.15240/tul/001/2025-4-002>

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Sports Management

González-Serrano, M. H., Valantine, I., Matić, R., Milovanović, I., Sushko, R., & Calabuig, F. (2023). Determinants of entrepreneurial intentions in European sports science students: Towards the development of future sports entrepreneurs. *European Research on Management and Business Economics*, 29(3), 100229. <https://doi.org/10.1016/j.iedeen.2023.100229>

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