

LITHUANIAN SPORTS UNIVERSITY

STUDY MODULE PROGRAMME (SMP)

		S	<u> </u>	273	В	272	Accredited			Par	newal	data
Mo	dule Code	2	ch of Sc		Progr.	Registr. №.	until			Kei	lewar	Jate
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	tial Arts											
	equisites											
	_	owledge ar	nd skill	s in ava	ilable spo	rts disciplines.						
		le) Learnin			1	1						
№.		ng Outcome			ching / Le	arning Method	S	Asse	essme	ent Me	thods	
1						es, Formal lect						
2				Exe	rcise class	es						
3				Exe	rcise class	es						
Mair	n aim											
Obje	ective: To	provide for	ındatio	nal trai	ning meth	odologies for c	ombat sports	(judo,	, boxi	ng, wr	estling	(,)
and	to develop	practical a	ction s	kills.			_					
Task												
						oxing, wrestlin						
		with the ba	sics of	organiz	zing and c	onducting com	petitions in co	ombat	sport	ts (judo	o, boxı	ng,
	stling).	C 1 . 4°	1	41 1.1.	:	1. 1 4 1 1	1	4		1. 1	•	
		ie ioundatio	onai me	etnodolo	ogies for t	eaching technic	ques in comba	ıt spor	rts (Ju	ao, bo	xıng,	
	stling). evelop ma	otor ekille ii	, comb	at sport	e (judo b	oxing, wrestlin	a)					
	mary	OLOT SKIIIS II	COIIIO	at sport	s Judo, o	James, wrestim	<u>g). </u>					
		tals of com	hat sno	orts" (in	do boxin	g, wrestling) hi	story compet	itions	orga	nizino	The	
		techniques,					story, compet	1110115	, 0150	2	,. 1110	
	el of modu					8						
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		inancial cla	ssificat									
	1				i), muzika	ı (mokytojai), p	edagogika (aı	uklėto	jai, p	edagog	gai),	
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Sylla	abus											
№.			S	Sections	and them	es]	Respo	onsible	lectur	er
1.	Judo hist	tory										
2.	Safety R	ules in the	Judo D	ojo								
3.	Organiza	ntion and E	xecutio	n of Ju	do Compe	titions						
4.	Methodo	ology of Tea	aching	Judo To	echniques							
5.	History of	of Boxing										
6.		ules in the										
7.	Organiza	ntion and E	xecutio	n of Bo	xing Com	petitions						
8.	Methodo	ology of Tea	aching	Boxing	Techniqu	ies						
9.		of Wrestling	_									
10.		ules in the										
11.						ompetitions						
12.	Methodo	ology of Tea	aching	Wrestli	ng Techni	iques			_		_	

Refe	erences				
№.	Title	Sports	n Lithuanian University brary	In Lithuanian Sports University	Number of ex. in the methodical
		Pressmark	Number of exemplars	bookstore	cabinet of the depart.
1.	Dziudo. Veiksmų technika, treniruočių metodika. R. Naužemys, V. Sinkevičius. 2005. Kaunas.		6	No	
2.	Graikų-romėnų imtynės. Vadovėlis. 2007. Kaunas		100	No	
3.	A. Šocikas, V. Mačiulis. Pradedančiųjų boksininkų mokymo metodika. Vilnius. Lietuvos Aukštojo ir specialiojo vidurinio mokslo ministerijos Leidybinė redakcinė taryba. 1978.		5	No	
4.	Bokso varžybų taisyklės. Vertimas iš anglų kalbos. Vilnius. 1999.		5	No	
Add	litional literature				
№.	Title				
1.	A. Šocikas. Boksininkų treniruočių metodika. (n sporto metodikos kabinetas. 1986.	netodinės re	ekomendacijos	s). Vilnius. Respu	ıblikinis
2.	De Silva H., Fencing - London 2001				_

№.	Title
1	A. Šocikas. Boksininkų treniruočių metodika. (metodinės rekomendacijos). Vilnius. Respublikinis
1.	sporto metodikos kabinetas. 1986.
2.	De Silva H., Fencing - London 2001
3.	Liaugminas A. (1988). Klasikinių imtynių technikos mokymo metodika. Vilnius.
4	Liaugminas A., Liaugminas S. (2002). Judrieji ir dvikovos žaidimai moksleiviams sportinių imtynių
4.	įgūdžiams tobulinti. Kaunas.
5.	Parchomovič G. P. Osnovy klasičeskogo dziudo. Perm. 1993.
6.	Bartulis V. Dziudo technikos mokymas ir tobulinimas. 1998.

Coordinating lecturer

Position	Degree, surname, name	Schedule №.
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Subdivision

Entitlement	Code

Study module teaching form №. 1

				Structure		Total		
Semester		Mode of studies	Theory	Seminars	Lab Works	Ind. work	Total hours	Credits
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Languages of instruction:

Lithuanian	L	English	Е	Russian	R	French	F	German	G	Other	Oth.

Plan of in-class hours

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№. of Themes	Theory	Seminars	Lab Works	№. of Themes	Theory	Seminars	Lab Works					
				Total:	0	0	0					

Schedule of individual work tasks and their influence on final grade

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Total:	-	0	0														

Study	module teaching form №.	2	
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