

## PROFILE DESCRIPTION OF THE STUDY PROGRAMME SPORT EDUCATION

Title of study programme	State code of the programme
<b>Sport education</b>	6211MX001

Higher education institution(s), unit(s)	Language(s) of the programme
Lithuanian Sport University	Lithuanian

Type of studies	Study cycle	Qualification level according to the Lithuanian Qualifications Framework
University studies	The second study cycle	VII

Type(s) of studies and duration in years	Volume of the programme in credits	Total student workload in hours	Contact hours	Individual work hours
Full-time, 2 years	120	3120	270	2850

Field of study	Main branch of the study programme (major)	The field (branch) of the study programme (if any)
Education	Education Studies	

Degree and/or professional qualification awarded (if any)
Master of Education

Director of the study programme	Contact details of the director
Dr. Tomas Saulius	Department of Physical and Social Education E-mail: <a href="mailto:Tomas.Saulius@lsu.lt">Tomas.Saulius@lsu.lt</a> Mob. tel.: + 370 630 01052

Accrediting institution	Accredited until
Centre for the Quality Assessment of Studies	30-06-2021, Accreditation Order SV6-12

Aim of the study programme
To train Masters in Sport Education with innovation, implementation and leadership skills for educational, managerial, pedagogical consultancy and research activities based on the achievements of the international level of fundamental and applied, interdisciplinary science and technologies, and to use the results of the research to develop, implement and expertise projects and programmes of various kinds for the Lithuanian educational and/or sports institutions, and to provide proposals for the improvement of educational policy.

Profile of the study programme		
Content of the study programme: groups of modules (course units)	Nature of the study programme	Distinguishing features of the study programme
See the study plan	Academic, research and expertise oriented	It is a unique study programme that prepares educationalists for leadership in education and sport, integrating and developing multicultural values.

Admissions requirements	Recognition possibilities of previous education
University degree or equivalent required	

Access to further studies
Graduates of the programme will be able to continue their studies in doctoral programmes in education or other social sciences.

Career opportunities	
Graduates of will be able to work as experts, organisers of educational activities, heads of educational projects/programmes in various educational or sports institutions, their governing institutions, labour market services (labour exchange, labour market training centres and training services), organizations working in the field of staff development, non-governmental organizations.	
Study methods	Evaluation methods
Methods based on students' participation and reflection: group discussion, case study and/or others; Task-based methods: projects, individual or group work, surveys, research papers, etc; Methods based on information transfer: lectures - contact and distance learning, consultations, etc; Methods based on information transfer and student engagement: seminars, tutorials, practicals, peer assessment (peer review), etc.	Oral assessment methods: presentation, etc. Methods of written assessment: group work assessment, case studies, essays, reflective essays, open, closed or combined testing, etc; Integrated (written and oral) assessment methods: projects (individual or group), assessment of student activity (seminars, peer review), master's theses, etc.

General competences		Study programme objectives	
1.	<b>Communication and cooperation</b>	1.1.	Work as part of an interdisciplinary team with professionals from other disciplines, understanding and recognising multicultural diversity, and having a sense of ethical commitment.
		1.2.	Think critically while working in a group, make proposals on reflection, evaluate their activities and present generalized results.

2.	<b>Critical thinking, multiple cognition and idea management</b>	2.1.	Systematise and critically evaluate research-based information, draw conclusions and apply them in practice.
		2.2.	Prepare a report on the research and/or practical activity, justifying its innovation and efficiency.
3.	<b>Lifelong learning</b>	3.1.	Choose learning strategies reasonably.
		3.2.	Independently choose an area of research and/or project development, assessing the challenges of a multicultural society.
4.	<b>Creativity, leadership and self-management</b>	4.1.	Independently realise projects by applying existing knowledge in practice, drawing on research evidence and national and EU legislation.
		4.2.	Addressing ethical issues related to project implementation.
Subject competences			
5.	<b>Application of education theories and technologies in the context of sport</b>	5.1.	Demonstrate knowledge of contemporary sport education, sport and physical education psychology, and empowering educational theories in a sport context.
		5.2.	Evaluate educational phenomena and processes and apply new educational technologies in the context of sport.
		5.3.	Evaluate situations in practical activities in accordance with the provisions of educational theories, and provide practical recommendations.
6.	<b>Educational research in sport and its analysis</b>	6.1	Apply knowledge of educational research methodology in the development of sport education projects and/or educational programmes.
		6.2	Carry out independent empirical educational research, summarize its results and present them to the public.
		6.3.	Apply the ethical and professional standards of social research.
7.	<b>Leadership in education and sport</b>	7.1.	Apply theoretical knowledge of educational and information technology and innovation to practical problem solving or project development in an educational or sporting context.
		7.2.	Develop an educational programme for the educational empowerment of people of different ages or with different needs through sport.
		7.3.	Develop their action plan of professional activities.
8.	<b>Evaluation of a project by an educational or sports institution</b>	8.1.	Formulate the criteria for the evaluation of a project of an educational institution in the field of sport or a sports institution and to carry out an expert evaluation.
		8.2.	Prepare an expert evaluation report on a specific educational institution in the field of sport or on a sport institution project.

**Table 1.1.** Study plan of the second cycle study programme Sport Education

<b>Name</b>	<b>Sport education</b>
Total volume in credits	120
Study credits for the field of study	60
Research methodology, innovation and research projects	20
Final thesis (project)	30
Optional credits	10

<b>Semesters</b>	<b>I</b>	<b>II</b>	<b>III</b>	<b>IV</b>
<b>Study modules</b>	<b>Credits</b>			
Sport education	10			
Psychology of sport and physical education	10			
Education of social skills and values in sports	10			
Social research methodology and statistics		10		
Innovations and research projects		10		
Free optional module		10		
Empowering education through sport			10	
Education of multicultural society			10	
Free optional module in the field of education			10	
Master's Thesis				30
Amount of credits	30	30	30	30
Number of study modules	3	3	3	1

Remark. APPROVED 29 May 2019 (LSU Senate, Minutes No 10).

**Table 1.2. Alignment of the results of the second cycle study programme *Sport Education* with the results of the study modules**

Competences	Study modules	1 Sport education	2 Psychology of sport and physical education	3 Education of social skills and values in sports	4 Social research methodology and statistics	5 Innovations and research projects	6 Empowering education through sport	7 Education of multicultural society	8 Free optional module 1*	9 Free optional module in the field of education 2**	10 Master's Thesis
	Learning outcomes										
	1	2	3	4	5	6	7	8	9	10	11
General competences	1.1	√	√			√	√	√			
	1.2	√	√	√							
	2.1	√	√	√	√		√	√	√	√	
	2.2			√							
	3.1				√			√			
	3.2			√		√		√			√
	4.1					√					√
	4.2					√					
Subject Competences	5.1	√	√				√				
	5.2	√		√							
	5.3	√					√	√			
	6.1				√						√
	6.2				√						√
	6.3				√						√
	7.1					√			√	√	
	7.2						√				
	7.3								√	√	√
	8.1					√					
	8.2					√					

\* Recently chosen module 1 - *Information Technology in Sport, Personal and Public Health*

\*\* Recently chosen module in the field of education 2 - *Methodology for the Development of Motor and Cognitive Functions*

**Table 1.3.** Relationship between study outcomes, study modules, study and assessment methods of the *Sport Education* programme

Outcomes of the module	The taught module in which the learning outcomes of the course are achieved	Study methods	Methods of assessing student performance
1.1	Sport education Psychology of sport and physical education Empowering education through sport Innovations and research projects Education of multicultural society	Group work, discussion, interactive lecture, seminars, reflection on activities, analysis of scientific articles, interactive lectures, laboratory work, reflection on activities, case studies, problem-based learning	Description and defence of laboratory work, evaluation of reflection on performance, assessment of seminar work, testing, mid-term exam, case study assessment, essay assessment, test, group/team project assessment
1.2.	Sport education Psychology of sport and physical education Education of social skills and values in sports	Interactive lectures, seminars, essays, laboratory work, group discussion, group work, group/team project (work), individual case studies, reflection on activities, role-play	Assessment of group/team project/work, description and defence of laboratory work, assessment of seminar work, assessment of case studies, assessment of essays, assessment of presentations, assessment of reflection on performance
2.1.	Sport education Psychology of sport and physical education Education of social skills and values in sports Social research methodology and statistics Empowering education through sport Education of multicultural society Free optional module 1* Free optional module in the field of education 2**	Problem-based learning, interactive lectures, laboratory work, group discussion, group work, seminars, group/team project (work), analysis of scientific articles, seminars, lecture, essay, reflection on performance, problem-based learning	Description and defence of laboratory work, assessment of group work, assessment of case studies, assessment of individual work/project, assessment of essays, assessment of reflection on performance, assessment of group/team project/work, assessment of analysis of scientific articles, mid-term exam, assessment of seminar work, presentation of presentations, peer assessment, assessment of problem-solving assignment
2.2.	Developing values and social skills through sport	Seminars, essays, lectures, group discussion, individual consultations, group work,	Essay assessment, seminar paper assessment, control paper, group work assessment,
3.1.	Social research methodology and statistics	Problem-based learning, research papers, essays, lectures, seminars	Evaluation of research paper analysis, evaluation of group work, evaluation

	Education of multicultural society		of essays, evaluation of case studies, evaluation of individual work (project)
3.2.	Education of social skills and values in sports Innovation and research projects Education of multicultural society Final thesis	Individual student counselling (discussion), problem-based learning, discussion, traditional lecture, seminars, essays, group work, literature analysis, group/team project (work), student feedback (from supervisor and thesis board), thesis/report writing	Essay evaluation, control paper, seminar paper evaluation, group work evaluation, case study evaluation, exam, report evaluation
4.1.	Innovations and research projects Final thesis	Group work, literature analysis, group/team project (work), seminars, advising (discussion), feedback (from supervisor and thesis marking/defence board), literature analysis, thesis writing, preparation of submissions	Evaluation of seminar work, evaluation of group/team project/work report, oral illustrated presentation, evaluation of literature review, reading and analysis of Master's thesis; observation of Master's thesis presentation
4.2.	Innovations and research projects	Literature analysis, seminars, discussion	Evaluating the work of the seminars, evaluation of the literature analysis
5.1.	Sport education Psychology of sport and physical education Empowering education through sport	Interactive lectures, , analysis of scientific articles, interactive lectures, seminars, laboratory work, group/team project (work), group discussion, case study, reflection on activities	Case study assessment, group work assessment, seminar work assessment, mid-term examination, presentation of submissions, description and defence of laboratory work, assessment of group/team project/work, evaluation of reflection on performance
5.2.	Sport education	Interactive lectures, case studies, reflection, group work, seminars, group discussion, analysis of scientific articles, essays, reflection	Case study evaluation, workshop evaluation, group work evaluation, presentation evaluation, performance reflection evaluation, essay evaluation
5.3.	Sport education Empowering education through sport Education of multicultural society	Interactive lectures, problem-based learning, case studies, group discussion, group work, reflection	Presentation of submissions, performance reflection assessment, essay assessment, group work assessment, exam, peer assessment, mid-term exam, workshop assessment, testing, presentation of submissions

6.1.	Social research methodology and statistics Final thesis	Lecture, analysis of scientific articles, counselling (discussion), feedback to the student (from the supervisor and the thesis defence committee), analysis of literature, writing the thesis, preparation of presentations	Evaluation of the analysis of scientific articles, evaluation of the report, reading and analysis of the Master's thesis; monitoring the presentation of the Master's thesis
6.2.	Social research methodology and statistics Final thesis	Case study, counselling (discussion), information retrieval task, feedback (from supervisor and thesis board), writing the thesis, preparing presentations.	Presentation of a case study, evaluation of the analysis of scientific articles, reading and analysis of the Master's thesis; supervision of the presentation of the Master's thesis
6.3.	Social research methodology and statistics Final thesis	Case studies, analysis of scientific articles, mentoring (discussion), feedback (from the supervisor and the thesis committee), analysis of literature, writing the thesis, preparation of submissions	Assessment of individual project, control work, reading of educational literature, reading a critical essay, reading and analysing a Master's thesis; observing a Master's thesis presentation
7.1.	Innovations and research projects Free optional module 1* Free optional module in the field of education 2**	Case studies, workshops, discussion, simulation of real-life situations	Evaluation of the analysis of a scientific paper; evaluation of a group/team project/work, assessing the solution to the challenge(s)
7.2.	Empowering education through sport	Group work, discussion, interactive lecture, analysis of a scientific article, seminars, reflection on activities	Essay evaluation, mid-term exam, seminar evaluation
7.3.	Free optional module 1* Free optional module in the field of education 2** Final thesis	Group work, discussion, lecture, simulation of real-life situations, mentoring (discussion), feedback (from the supervisor and the thesis committee), analysis of literature, writing the thesis, preparation of submissions	Assessment of the solution to the assignment(s), reading and analysis of the Master's thesis; observation of the presentation of the Master's thesis
8.1.	Innovations and research projects	Group work, debates, seminars	Evaluating a group/team project/work, Oral illustrated presentation, evaluation of workshop work
8.2.	Innovations and research projects	Group work, group/team project (work), cooperative learning	Evaluation of group/team project/work, evaluation of project report

\* Recently chosen module 1 - *Information Technology in Sport, Personal and Public Health*

\*\* Recently chosen module in the field of education 2 - *Methodology for the Development of Motor and Cognitive Functions*



