HR Excellence in Research

Internal Review

Internal Review

Case number

2018LT354051

Name Organisation under review

Lithuanian sports university

Organisation's contact details

Sporto 6, Kaunas , Lithuania

Submission date to the European Commission

18/05/2022

1. Organisational Information

Please provide an update of the key figures for your organisation. Figures marked * are compulsory.

STAFF & STUDENTS	FTE
Total researchers = staff, fellowship holders, bursary holders, PhD. students either full-time or part-time involved in research *	227
Of whom are international (i.e. foreign nationality) *	9
Of whom are externally funded (i.e. for whom the organisation is host organisation) *	0
Of whom are women *	96
Of whom are stage R3 or R4 = Researchers with a large degree of autonomy, typically holding the status of Principal Investigator or Professor. *	90
Of whom are stage R2 = in most organisations corresponding with postdoctoral level *	22
Of whom are stage R1 = in most organisations corresponding with doctoral level *	62
Total number of students (if relevant) *	1415
Total number of staff (including management, administrative, teaching and research staff) *	274
RESEARCH FUNDING (figures for most recent fiscal year)	€
Total annual organisational budget	8050,3
Annual organisational direct government funding (designated for research)	4137,1

RESEARCH FUNDING (figures for most recent fiscal year)	€
Annual competitive government-sourced funding (designated for research, obtained in competition with other organisations – including EU funding)	2267,8
Annual funding from private, non-government sources, designated for research	1645,4

ORGANISATIONAL PROFILE (a very brief description of your organisation, max. 100 words)

With its mission to contribute to the sustainable development of society through international-level research and academic excellence, LSU is known as a leading academic and research centre in sports science in the Baltic Sea region. Starting with the enrolment of 100 students, the LSU has developed and expanded over the years and decades into an institution with nearly 2000 students. The LSU offers 19 degree study programmes at all three study cycles (7 undergraduate, 10 Master's and 2 PhD), mainly in sport science, where studies, research and practice are closely interconnected. Among the LSU graduates, there are many distinguished scientists, world-renowned coaches, famous athletes, and prominent public figures.

2. Strengths and weaknesses of the current practice

Please review the strengths and weaknesses under the 4 thematic areas of the Charter and Code, as provided by your organisation in the initial assessment phase. When doing so, you should do not only look back, but also consider new priorities, strategic decisions, etc. which may further influence the action plan. Please also provide a brief commentary in the "Remarks" column if major changes have occurred versus the initial plan.

Note:Click on the name of each of the four thematic headings of the Charter & Code to open the editor and provide your answers in the Internal Review for Interim Assessment dedicated section.

Ethical and professional aspects*



Strengths and Weaknesses (Initial Phase)

Strengths and Weaknesses (Interim Assessment)

During the reporting period, a lot of attention was paid to the formation of a research culture by creating scientific groups according to scientific interests that correspond to strategic research directions. Biomedical and Social Science Research Ethics Committees have been established, which are also mandatory for students' research. The University's ethics committees for biomedicine and social sciences once per year introduce the ethics of research to the academic community. We also have an academic and professional ethics committee which carries out educational activities through various types of seminars or publicity related to professional ethics and pays much attention to intellectual property.

The Project Management Unit is responsible for assisting researchers in project implementation, so meetings are held on demand, and advice is provided. In order to ensure the most effective project management, each project has a responsible administrator.

We are still facing difficulties with the publicity of research and the limited use of results. For several years every Saturday, a free Saturday School has been held for the general public, presenting the latest research results and opportunities for use. Also, few researchers are constantly presenting their own and others' latest research results in their FB account.

Internal survey has shown that ethical and professional principles at our university are seen as one of the best implemented. The results of the survey show that the best implemented principles are freedom of research, professional responsibility, ethics. The weakest evaluation of the principles: public involvement, evaluation systems, dissemination and exploitation of results.

Emerging external and internal changes encourage review of priorities and focus on such things as:

- 1. to improve the system of evaluation of researchers by combining the map of competences, qualification requirements and workload accounting;
- 2. to develop a research dissemination plan
- 3. to organize periodic training on research dissemination and exploitation of results for researchers.

Strengths and Weaknesses (Award Renewal, max 500 words) *

One of the strengths of the LSU is the leadership in its research. The evaluation of the scientific results is reflected in the Shanghai Ranking of the Global Ranking of Sports Science Schools and Departments in 2021, where LSU ranks 101-150. Every year, the evaluation of the university in this ranking rises.

LSU has 5 strategic research areas: Modern technology in Basketball training; Muscles, Motor Control and Health Promotion; Management and Economics of Sport and Leisure; Methodology of Sports and Exercise Training; Physical Education and Well-Being. LSU academic staff has the freedom to research by belonging to one of these 5 strategic directions or by choosing an individual field of research.

During the reporting period, a lot of attention was paid to improve the system of evaluation of research by combining the map of competence, qualification requirements and workload accounting. To achieve this goal, the following documents have been revised:

- 15 April 2021 LSU Senate, approved the update of the "PROCEDURE FOR THE PLANNING AND ACCOUNTING THE WORKLOAD OF THE TEACHER OF THE LITHUANIAN SPORTS UNIVERSITY". The Regulations regulate the principles of workload accounting for lecturers, workload norms, and accounting procedures at the University. The workload of a teacher (working one full-time job, 1440 hours per school year) consists of 1. Teaching workload not less than 30 % of the total workload of a lecturer; 2. Scientific work not more than 60 % but not less than 100 hours; 3. Other activities and the realization of the University's third mission up to 10 %.
- The Senate on 7 February 2019 approved the "PROCEDURE FOR PLANNING AND ACCOUNTING THE WORKLOAD OF THE RESEARCHER OF THE LITHUANIAN SPORTS UNIVERSITY". The Regulations regulate the principles of workload planning and accounting, workload norms, and accounting procedures for researchers at the University. The workload of a researcher (working one full-time job with a workload of 1600 hours per school year) consists of the following activities: 1. scientific activities; 2. organization of experimental and project activities; 3. teaching; 3. other activities.
- 15 April 2021 LSU Senate approved the "PROCEDURE OF THE LITHUANIAN SPORTS UNIVERSITY RECOGNITION FOR HIGHER LEVEL EDUCATION PERFORMANCE". The Regulations regulate the promotion of academic staff for scientific publications. The best 9 performing LSU researchers receive prizes. In 2021, the size of the incentive fund was 8,000 €. From 2022 onwards, 20,000 € will be allocated each year.

In 2021, LSU updated the Code of Academic Ethics in accordance with the recommendations set out in national legislation. LSU has an Academic Ethics Commission, which not only discusses issues related to academic ethics, but also actively participates in the education of the LSU community on issues of academic ethics. Also in 2021, LSU updated the description of the Intellectual Property Management and Knowledge Transfer Procedure in order to implement the C&C principles.

LSU continues to implement dissemination activities through public seminars using social media. In 2022, he launched podcasts presenting ongoing research.

Emerging external and internal changes encourage review of priorities and focus on such things as:

- 1. Reconsider strategic research areas of university;
- 2. Strengthening R&D cooperation with social partners exploiting the available innovative mobile laboratory;
- 3. Creating attractive working conditions for new talent.

Recruitment and selection*



Strengths and Weaknesses (Initial Phase)

Strengths and Weaknesses (Interim Assessment)

According to national law, teachers and researchers shall be appointed to their positions through an open competition. They enter into fixed-term employment contracts for the term of five years. Persons who win the open competition for the second time in a row for the same teacher or researcher position shall enter into an open-ended employment contract and shall be accredited every five years following the procedures laid down by the University. A person who failed to receive attestation shall be dismissed. Recruitment to higher positions of a teacher or a researcher shall be organised through an open competition.

Respectively, the researchers assessed these principles on average. As the best implemented principle was mentioned recognition of qualifications. Indeed, the University seeks to assess, as far as possible, all the formal and informal qualifications that the individual has, which add value. Principles such as non-compliance with chronological order or length of service have been assessed as one of the least implemented, but this is due to legal constraints.

At present, a researcher workload project has been developed to encourage researchers to focus on activities that are essential for the implementation of a university strategy. There is also a review of the recruitment procedure, the development of an IT tool to facilitate participation in open competitions and reduce bureaucracy.

We organize an international open competition already for 3 years, and we see growing numbers of external candidates applying. We use different templates for teaching and researching positions, which include these components of job posting: required position, workload to be moored, basic responsibilities covering 4 areas (scientific work, experimental and project activities, pedagogical activities, publicity of the University), detailed qualification requirements for a particular position, wages and other working conditions. The applicant has just to send us the minimum of documents, which are necessary for their evaluation (application, CV, publications and copies of diplomas).

In order to implement C&C, it is planned to support already established and implemented procedures, focusing on the following activities:

- 1. IT tool for development that facilitates participation in international open competitions
- 2. As the number of researchers from abroad increases, their social adaptation problem has been encountered, therefore, it is planned to develop a comprehensive adaptation program covering not only the professional but also the social adaptation and the creation of counseling opportunities.

3. Until now, the recruitment procedure for the selection committee was introduced only informally, but the Action Plan, which is currently being updated, provides for a detailed introductory material for the members of the committee, ensuring transparency in the recruitment procedure.

Strengths and Weaknesses (Award Renewal, max 500 words) *

Under national law, teaching and research staff are appointed by public competition. They have five-year (fixed-term) contracts. Persons who are successful in a second consecutive public competition for the same teaching or research position shall have a contract of indefinite duration, but shall be subject to certification every five years in accordance with the procedures established by the University. A person who has not been certified shall be dismissed. Admission to a higher teaching or research post shall be organized by public competition. The Rector may also invite lecturers and researchers to work on fixed-term contracts for a maximum period of two years or to work in partnership (trainee lecturers only) in accordance with the procedures laid down by the University.

The salary coefficient may be reviewed once during a term of office, but not earlier than 24 months after the conclusion of the contract of employment, for which a period of 5 years shall be considered. A lecturer who holds the post of lecturer and who has defended his/her doctoral thesis during his/her term of office may apply for a lecturer's salary with a doctorate (assessed over a 5-year period).

When recruiting a lecturer, researcher or partnership lecturer, the University shall endeavor to assess, as far as possible, all the formal and informal qualifications held by the individual which add value. In the certification of teachers or research staff in competition for a post, for a second term of office, for a higher post or for promotion, the scientific output relevant to the field for which the person is applying or working shall be assessed. Lecturers may be released from their teaching duties for a maximum of one year every five years for the purpose of research and the development of their scientific and/or pedagogical qualifications. During this period, the lecturer shall be paid his/her average salary.

The University is using an online platform (from 2020) to facilitate participation in public competitions by applicants seeking to take up posts by competition, attestation, or application for admission as guest lecturers and researchers, and to reduce bureaucracy and facilitate the process for evaluators. The Evaluation Committee is composed of 11 members, who are international scholars holding the position of professor or associate professor, international scholars but not working at the University are invited by the Rector, and a student representative delegated by the student body.

For teaching and research positions, different application templates are used, which include the following components of the job advertisement: the required duties, the workload, the main duties covering 5 areas (research, experimental and project activities, teaching activities, university publicity, internationalization), the detailed qualification requirements for the specific post, the salary and other conditions of employment. Applicants only need to submit the documents necessary for their evaluation (application, curriculum vitae, copies of publications and diplomas, additional documents supporting their studies and research activities and their competences).

The University's admission procedures for teachers and researchers are reviewed in the light of national decisions, but a transitional period is allowed for the changes to take effect.

Strengths: As a relatively small University, all processes are sufficiently quick, and the use of an online platform for document submission saves time, reduces bureaucratic processes and contributes to sustainability.

Weaknesses: Due to the current low number of students in certain study programmes, the University cannot guarantee a full-time position, so the working load is reviewed every academic year, or there is an option to invite teachers for a 2-year period. The low salaries also make it difficult to attract teachers and researchers from outside, especially from abroad.

Remarks (max 500 words)

Working conditions*

Strengths and Weaknesses (Initial Phase)

Strengths and Weaknesses (Interim Assessment)

During the reporting period, an Intellectual Property Management and Knowledge Transfer Procedure was developed, which regulates the procedures and conditions for the management of intellectual property rights and knowledge transfer generated by university staff and students. However, this procedure is currently in Lithuanian language only. Once a year, a seminar on intellectual property is held before the school year and the whole academic community is usually involved in this seminar. Also there is a system created and implemented for students, then they together with researchers participate in reseach groups as a team members and carry out research.

The results showed that the working conditions and social security are rated as the worst. As the best implemented principle, the researchers evaluated profession enlightenment, teaching, mobility value, complaints and appeals. As the worst-performing principle, researchers assessed the possibility of access to career counseling, funding and pay, job stability. Part of this assessment was influenced by national legislation on fixed-term employment contracts. Although the salary of researchers in LT is below the EU average, in Lithuania our university is one of the TOP 5 with the highest salaries. But so far, little attention has been paid to career counseling. Until now, an individual career scheme was in force at the University, where a researcher who qualified for a higher position was eligible to apply for it.

Until now, the University has not been given much attention to the systematic researching of researchers' career issues. Therefore, one of the priorities of the renewed Action Plan is the creation of a career guidance system for researchers. Another planned action is to support flexible working conditions for researchers, further promote mobility and develop the research environment.

Strengths and Weaknesses (Award Renewal, max 500 words) *

The main change during this period is related to the number of fixed-term and open-ended employment contracts: more than 45%. all academic staff already have open-ended employment contracts. This is due to changes in national law. It is expected that over the next 3 years, the majority of LSU researchers will have open-ended employment contracts. Due to changes in national legislation, LSU

currently employs more than 50 percent researchers with an open-ended contract. This number is expected to rise to 75 percent or more in the next 3 years. The results of the survey showed that there have been no significant changes in the assessment of working conditions, but this is partly due to external pressures on university mergers over the past few years, which have reduced researchers' sense of stability.

The pandemic period also affected working conditions, with researchers working remotely, which provided more opportunities for training but drastically reduced international mobility. At the end of the quarantine period, LSU faces a new challenge: the return of researchers to work, as most currently want to maintain the working conditions created during the pandemic and work remotely. Thus, in order to ensure the internal motivation of researchers, LSU allows department heads to make decisions about telework on their own, but does not reduce the need to achieve the intended results.

Because LSU is a small university, researchers perform many and varied functions, from direct work to mentoring, project coordinators, managers, and so on. This helps to maintain close links with undergraduate and graduate students, but it becomes a significant challenge for involved researchers to combine all of these activities with their main job: study and research. In the last few years, more and more attention has been paid to the publicity of LSU's activities, so researchers have to periodically carry out activities related to the presentation of research results and the creation of added value to the public.

The University has an approved Equal Opportunities Policy, which includes non-discrimination, but it is important to mention that at present, the majority of LSU researchers are women, including in management positions. The DESCRIPTION OF PREVENTION AND EXAMINATION OF CASES OF HARASSMENT, SEXUAL HARASSMENT OR PERSECUTION was approved in 2021 by the LSU Senate.

LSU has the opportunity to take up to 1 year of creative leave, but so far no researchers have applied for it. This situation is due to the fact that LSU applies flexible conditions for researchers to combine family and work, there is a possibility to work remotely. Every researcher working at LSU has the opportunity to choose which field they would like to focus more on: study or research, as well as the opportunity to change their decision and move on to another field at any time: they have horizontal career freedom. PhD students have the opportunity to try out both the research and teaching professions during their studies and, at the end of their studies, to decide on their future careers in academia.

In 2021, LSU established a Psychological Well-being Committee, which is responsible for creating and sustaining community mental well-being. There are free psychological services, public and free seminars, counselling for heads of departments, and periodic surveys on the mental well-being of staff.

Remarks (max 500 words)

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Training and development*



Strengths and Weaknesses (Initial Phase)

Strengths and Weaknesses (Interim Assessment)

The University Career and Competence Development Center is responsible for providing information on opportunities for professional development in Lithuania and abroad within the internal network. Likewise, the University itself organizes periodic reviews of pedagogical and scientific competencies every semester and organizes English language courses.

The results of the survey show that researchers value the opportunity to use research training and continuous improvement as the best implemented principle. At the University, there is an "unwritten rule" that there is a time for open scientific workshops on various topics every Wednesday from 16:00, so no lectures or other sessions take place to allow researchers to take part in them. Researchers evaluate scientific leadership as the worst implemented principle.

Strengths and Weaknesses (Award Renewal, max 500 words) *

LSU pays great attention to raising the competencies of its employees. During the annual interviews with the employees, the heads of the departments discuss the demand of competencies of the employees and the training required for their improvement. Following this analysis, funding is provided for staff competences development and training.

LSU periodically organizes trainings for researchers and PhD students on various topics. In 2020, 9 seminars were organized with an average number of participants of 45-50, in 2021 a total of 12 trainings were organized with an average number of participants of 60-65. Training topics included studies (e.g., "Organizing Distance Payments to Minimize Copywriting Opportunities: Scenarios, Recommendations"; "Working in a Virtual Learning Environment," "Distance (Contact) Learning: Problem Recognition and Solution Modeling"), research (e.g., Systematic analysis: purpose and performance ";" Scientific style: theoretical insights and peculiarities of language ";" Academic ethics, research ethics ";" Guidelines for the recognition of fake scientific events "), publicity (eg" LinkedIn: benefits for the university and you "," Persuasive Public Speaking and Audience Management "). Each year it is organized free English language courses for academic and administrative staff, so at least 70 percent all academic staff are already prepared to teach in English.

LSU actively provides financial support to researchers wishing to participate in international research conferences, research internships, and seeks active mobility through the Erasmus program. Training related to study or research activities is paid for by the university, but researchers can also improve general competencies, which are also often funded by the university. For example, more than EUR 3,000 was allocated for training outside LSU in 2021. The training planning process is as follows: during the annual interviews, the researcher discusses with the head of the unit what competencies need to be strengthened and how this could be implemented. The head of unit then submits a summary plan to the vice-rectors and provides funding for training.

At least 30 percent of LSU researchers go to Erasmus mobility programs at universities in other countries each year to give lectures and participate in research, and there are also visiting researchers from other universities coming to LSU.

Remarks (max 500 words)	

Have any of the priorities for the short- and medium term changed? (max 500 words)

Priorities for the short- and medium-term term have not changed significantly, but more emphasis is planned on creating favorable working conditions for researchers from other countries (especially teaching staff) as the number of students from abroad increases. It is also planned to pay more attention to the training, taking into account the needs of the researchers, which they provide during the annual interviews with the head of the unit.

During the preparation of the LSU strategy for 2022-2027, it was decided that HRS4R should focus more on ensuring the quality of existing and implemented or ongoing actions, in other words to ensure that existing activities are implemented to the highest quality and that the documents become part of LSU's daily life.

Have any of the circumstances in which your organisation operates, changed and as such have had an impact on your HR strategy? (max 500 words)

n/a	a				

Are any strategic decisions under way that may influence the action plan? (max 500 words)

n/a			

3. Actions

Please consult the <u>list of all actions</u> you have submitted as part of your HR strategy. Please add to the overview <u>the current status of these actions as well as the status of the indicators.</u> If any actions have been altered or omitted, please provide a commentary for each action. You can also add new objectives.

Note: Choose one or more of the principles automatically retrieved from the GAP Analysis with their implementation ratings.

Action 1		Timing (at least by year's	Responsible	Indicator(s)
Develop the procedures for the implementation of intellectual property and co-authorship principles	GAP Principle(s)	quarter/semester)	=	/ Target(s)
	31. IntellectualProperty Rights32. Co-authorship	January, 2016	Vice-Rector for Research, Senior lawyer	Confirmed and implemented procedure of intellectual property and co-authorship principles
	Current Status	Remarks		
	COMPLETED	It was confirmed 25/09 and update in 2021. F in LT language.	•	•

Action 2 Periodically conduct public seminars related to intellectual property and data protection	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
property and data proteotion	31. Intellectual Property Rights 32. Co-authorship	At least once during the academic year	Vice-Rector for Research	At least 50 % of total research staff participated in seminars
	Current Status	Remarks		
	COMPLETED	Once a year, a seminal held before the school community is usually in 28th of January, 2021, participated in such a seminal control of the seminal participated in such a seminal control of the seminal contr	year. The whole nvolved in this se 74 LSU researd	academic eminar. In

Action 3 Periodically conduct seminars related to research ethics	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	2. Ethical principles3. Professional responsibility7. Good practice in research10. Non discrimination	At least once during the academic year	Vice-Rector for Research	At least 50 % of total research staff participated in seminars
	Current Status	Remarks		
	COMPLETED	The University has ethics committees for biomedicine and social sciences that once a year introduce the ethics of research to the academic community.		

Action 4		Timing (at least	Pagnangible	Indicator(s)
Periodic meetings with implementing scientists to assess the progress of the project	GAP Principle(s)	by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	5. Contractual and legal obligations6. Accountability	Once a semester	Office of Project Management	At least 50 % of research staff participated in seminars
	Current Status	Remarks		
	COMPLETED	The Project Management Unit is responsible for assisting investigators in project implementation, smeetings are held on demand, and advice is provided. In order to ensure the most effective project management, each project has a dedicate administrator.		

Various activities involving the public and introducing the	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
research carried out (Third Age University, researchers night, open days, etc.)	8. Dissemination, exploitation of results9. Public engagement	At least once a semester	Career and Competence Development Centre, Vice- Rector for Research	At least one activity per Quarter The minimum number of participants – 20
	Current Status	Remarks		
	COMPLETED	The public is introduce through activities such (over 100 active partic School" - more than 50 Saturday; FB accounts Skurvydas has more than the https://en.html.facebook	as the Third Ago ipants each year Dactive participa s of scientists (fo nan 15 000 follow	e University -); "Saturday Ints each r example, A. wers

Action 6 Plan the positions for which international competitions are announced	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	12. Recruitment			
	13. Recruitment (Code)		Rector, Vice- Rector for	Number of internationally
	14. Selection (Code)	December 2016	Research, Vice-Rector for Studies	open positions each year.
	15. Transparency (Code)		ioi otadios	cuon yeur.
	Current Status	Remarks		
	COMPLETED	From the May of 201 announced internation www.euraxes.com		-

Action 7 Review the announcement for the academic staff about open positions	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	13. Recruitment (Code)14. Selection (Code)15. Transparency (Code)24. Working conditions	December 2016	Office of Personnel and Law	To upgrade announcement template by including responsibilities, requirements and work conditions
	Current Status	Remarks		
	COMPLETED	The job ad has bee	n adjusted to EU	JRAXES Jobs

Action 8		Timing (at least by year's	Responsible	Indicator(s)
Improve researchers' motivational system	GAP Principle(s)	quarter/semester)	Unit	/ Target(s)
	26. Funding and salaries			
	28. Career development			
	30. Access to career advice		Vice-Rector for Research,	
	38. Continuing Professional Development	December 2016	Vice-Rector for Studies, Office of Personnel	
	39. Access to research training and continuous development		and Law	
	40. Supervision			

Current Status
COMPLETED

Action 9 Develop the procedures for the recognition of non-formal qualifications	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	14. Selection (Code)16. Judging merit (Code)19. Recognition of qualifications (Code)	March 2016	Teaching Staff and Research Staff Recruitment Commission	Number of hours of participation in non- formal education per year
	Current Status	Remarks		
	COMPLETED	One of the evaluation of competition for open proportion for open proportion of the evaluation of competences and qualifound here: https://www.given-a-significant-intelexcellence-in-research "DESCRIPTION OF THORGANIZING LECTURELLOW ATTESTATION COMPETITION AT LITURIVERSITY"	ositions is partice the acquisition of ifications. More w.lsu.lt/en/lsu-ha rnational-award- / in the document HE PROCEDUR RER AND RESE DN AND PUBLICE	ipation in of additional info could be s-been- hr- ht: E FOR

Action 10 Appoint the persons responsible for the researcher career counseling	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	28. Career development30. Access to career advice	September 2015	rector	Number of appointed persons
	40. Supervision			F 2.222
	Current Status	Remarks		
	COMPLETED	Currently, informal care the head of the departing research work. The initial formal career counseling small university with a was decided to leave to system in place, which to senior positions or to faculty. More information QUALITY MANAGEME link: https://www.lsu.lt/esignificant-international research/	ment or the superial Action Plan or the program, but small research or the informal care has so far proving ansfer from research could be foun ENT SYSTEM Men/Isu-has-been-	ervisor of the alled for a as LSU is a community, it er counseling ded access earchers to d on ANUAL". The egiven-a-

Action 11 Develop a researcher competency map	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	22. Recognition of the profession			
	28. Career development			
	30. Access to career advice		Competence Development Centre,	Number of researcher's
	38. Continuing Professional Development	January 2016	Office of Personnel and Law	competency maps
	39. Access to research training and continuous development			

Current Status
COMPLETED

Action 12 Regularly inform researchers about professional development opportunities in Lithuania and abroad	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	38. Continuing Professional Development 39. Access to research training and continuous development	At least once a semester	Career and Competence Development Centre	number of information about development opportunities
	Current Status	Remarks		
	COMPLETED	The University Career Development Center information on opported development in Lithua internal network. Likeworganizes periodic reviscientific competencies organizes English languages responsible for training announces to researce participate in various to mail or on the LSU ne	s responsible for unities for profestinia and abroad wise, the Universitiews of pedagoges every semested guage courses. And gresearchers per the opportung of training,	r providing sional within the sity itself gical and Also, the unit eriodically unities to

GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s / Target(s)
37. Supervision and managerial duties40. Supervision	At least once during the academic year	Career and Competence Development Centre	Number of trainings
Current Status	Remarks		
EXTENDED	At the beginning of each mentors are appointed students 'academic acl activities. Currently, me undergraduate student conducted a week before year. The mentors of the students are the superpapers, who are introduced in through the LSU information.	who are responnievement and intentors are assigns, and mentor tractions the start of the 2nd and 3rd govisors of their resuced to the acadening of the acadenice and are responsed to the acadenice are responsed to the acadenic are responsed to the acaden	sible for the nformal ned only to aining is ne new schoo grade search

Action 14 Create a system recognizing students of the second and third cycle of studies as early-stage researchers	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	21. Postdoctoral appointments (Code)	September 2016	Vice-Rector for Research, Vice-Rector	number of included students into
	22. Recognition of the profession		for Studies	scientific groups.
	Current Status	Remarks		
	COMPLETED	There is a system creastudents, theen they to particpate in reseach grarry out research.	gether with rese	earchers

Action 15		Timing (at least	De amanaile la	lo dia atau(a)
To create a transparent and clear internal career system for researchers	GAP Principle(s)	by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	11. Evaluation/ appraisal systems			
	12. Recruitment			
	25. Stability and permanence of employment	2020	HR Department	Number of developed systems
	28. Career development			•
	30. Access to career advice			

Current Status
EXTENDED

Action 16 Information for new researchers to increase awareness of their professional responsibilities	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	3. Professional responsibility		Study and	
	4. Professional attitude	at the begining of each year	Study and science vice-rectors	at least one per year
	6. Accountability			
	Current Status	Remarks		
	IN PROGRESS	Every year, one week lacademic year, training researchers, introducir internal rules related to average number of participate. The inform LSU intranet.	gs are organized ng changes and o research and s rticipants in such t also existing re	for presenting tudies. The training is esearchers

Action 17 Enhance career support services for all researchers.	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	28. Career development			
	30. Access to career advice			
	36. Relation with supervisors	0004	HR department	number of career
	38. Continuing Professional Development	2021	and vice- rector for science	support services
	39. Access to research training and continuous development			

Action 18		Timing (at least	B	La Parta da A
To review and update Code of Professional and Academic Ethics	GAP Principle(s)	by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	2. Ethical principles			
	3. Professional responsibility			
	10. Non discrimination			
	11. Evaluation/ appraisal systems		Academic and	number of
	15. Transparency (Code)	2019	Professional Ethics Committee	updated Codes
	16. Judging merit (Code)			
	31. Intellectual Property Rights			
	32. Co-authorship			

Current Status
COMPLETED

Action 19		Timing (at least by year's	Responsible	Indicator(s)
to improve the system of evaluation of researchers by combining the map of competences, qualification	GAP Principle(s)	quarter/semester)	Unit	/ Target(s)
requirements and workload accounting	11. Evaluation/ appraisal systems			
	14. Selection (Code)		Vian martan	number of
	16. Judging merit (Code)	2020	Vice rector for science	improved systems
	19. Recognition of qualifications (Code)			

Remarks
The LSU Senate on 7th of February 2019 approved the "PROCEDURE FOR PLANNING AND ACCOUNTING THE WORKLOAD OF THE RESEARCHER OF THE LITHUANIAN SPORTS UNIVERSITY". The Regulations regulate the principles of workload planning and accounting, workload norms, and accounting procedures for researchers at the University. The workload of a researcher (working one full-time job with a workload of 1600 hours per school year) consists of the following activities: 1. scientific activities (depending on the position, 1250 - 1150 hours); 2. organization of experimental and project activities (depending on the position, 100-250 hours); 3. educational work (150 hours); 3. other activities (100 hours). 15 April 2021 the LSU Senate approved the "PROCEDURE OF THE LITHUANIAN SPORTS UNIVERSITY RECOGNITION FOR HIGHER LEVEL

Action 20 To develop a research dissemination plan	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	Professional responsibility			
	6. Accountability			
	7. Good practice in research	2019	Public Relations	number of dissemination
	8. Dissemination, exploitation of results		Unit	plans
	9. Public engagement			
	Current Status	Remarks		
	COMPLETED	02/02/2021 a valorisal setting out measures the main target group intended. This plan is the departments respond which inform the reservoide an information events.	to publicize the ps for which this conly in LT, as it consible for comparchers about the	studies and information is is intended for munication, ne need to

Action 21 To organize periodic training on research dissemination and exploitation of results for researchers	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
oxpremation of results for rescal strets	6. Accountability			
	7. Good practice in research			
	8. Dissemination, exploitation of results		0	At least 20%
	9. Public engagement	2021	Career and Competence Development	participants out researchers
	38. Continuing Professional Development		Center	(at least one training per year)
	39. Access to research training and continuous development			

Action 22 to develop IT tool that facilitates participation in international open competitions	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	12. Recruitment			
	13. Recruitment (Code)		Admissions	
	14. Selection (Code)	2019	Commission for Teachers	Number of developed
	15. Transparency (Code)		and Researchers	IT tools
	16. Judging merit (Code)			
	Current Status	Remarks		
	COMPLETED	For 3 years in a row, Le competitions for position are submitted through. This simplifies the submission of the submission of document of the submission of document of the submission of document step (www.is.lsu.lt)	ons, during which an IT tool develor mission of docur er cities or count the university to uments online guthey are informed	n applications oped by LSU. ments for others, as there apply, and parantees de-ail about

Action 23 To develop an professional and social adaptation program for	CAR Bringinla(a)	Timing (at least by year's	Responsible	Indicator(s)
foreign researchers	10. Non discrimination 24. Working conditions	quarter/semester) 2023	Human Resources and Law Department	Number of developed adaptation programs
	Current Status	Remarks		
	IN PROGRESS	The pandemic period a researchers from other so the social adaptation but with the resumption adaptation program is	countries worken program was son of mobility, a se	ed remotely, suspended, ocial

Δ	ct	i۸	n	24	
_	·ι	ıv		47	

To develop a detailed introductory material for the members of the Admissions Commission for Teachers and Researchers, ensuring transparency in the recruitment procedure

GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
10. Non discrimination			
13. Recruitment (Code)			
14. Selection (Code)			Number of trained
15. Transparency (Code)	2020	Admissions Commission for Teachers	Admissions Commission for Teachers
16. Judging merit (Code)		and Researchers	and Researchers
18. Recognition of mobility experience (Code)			members
19. Recognition of qualifications (Code)			

Current Status
COMPLETED

Action 25		Timing (at least by year's	Responsible	Indicator(s)
to develop a systematic training plan, taking into account the map of researchers' competencies	GAP Principle(s)	quarter/semester)	=	/ Target(s)
	11. Evaluation/ appraisal systems			
	24. Working conditions			
	28. Career development		Human	
	30. Access to career advice	2019	Resources and Law	Number of trained researchers
	38. Continuing Professional Development		Department	
	39. Access to research training and continuous development			

Current Status
EXTENDED

Action 26		Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
to develop an informal procedure for scientific supervisors - to distribute the leading researchers as mentors	GAP Principle(s)			
<u>-</u>	28. Career development			
	36. Relation with supervisors			Number of
	39. Access to research training and continuous development	2021	Vice rector for science	scientific supervisors - mentors
	40. Supervision			

Current Status	Remarks
	LSU has 5 strategic research areas: Modern
	technology in Basketball training; Muscles, Motor
	Control and Health Promotion; Management and
	Economics of Sport and Leisure; Methodology of
	Sports and Exercise Training; Physical Education
	and Well-Being. Each strategic research team ha
COMPLETED	at least 2 smaller research teams led by a resear
	team leader responsible for mentoring the
	researchers in the team. A broader structure is
	provided in the LSU Quality Manual
	(https://www.lsu.lt/en/lsu-has-been-given-a-
	significant-international-award-hr-excellence-in-
	research/).

Action 27 Develop a plan to attract researchers from other countries	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s / Target(s)
	12. Recruitment			
	13. Recruitment (Code)			
	14. Selection (Code)			
	15. Transparency (Code)		Vice rectors	Number of researchers from other
	18. Recognition of mobility experience (Code)	2025	for research and studies	countries working full time/
	19. Recognition of qualifications (Code)			minimum 5
	21. Postdoctoral appointments (Code)			
	Current Status	Remarks		
	NEW			

Action 28 Expand researcher's well-being and wellness programs in the workplace	GAP Principle(s)	Timing (at least by year's quarter/semester)	Responsible Unit	Indicator(s) / Target(s)
	23. Research environment		Department of HR and	No of
	24. Working conditions	2024	Strategic Management	programs / minimum 3
	Current Status	Remarks		
	NEW			

Unselected principles:

- 1. Research freedom 17. Variations in the chronological order of CVs (Code) 20. Seniority (Code) 27. Gender balance 29. Value of mobility
- 33. Teaching 34. Complains/ appeals 35. Participation in decision-making bodies

The extended version of the reviewed HR Strategy for your organisation for the next 3 years, including the OTM-R policy must be published on your organisation's website.

Please provide the link to the dedicated webpage(s) on your organisation's web site *:

URL *:

https://www.lsu.lt/en/lsu-has-been-given-a-significant-international-award-hr-excellence-in-research/ (https://www.lsu.lt/en/lsu-has-been-given-a-significant-international-award-hr-excellence-in-research/)

If your organisation has already filled in the OTM-R checklist in the Initial Phase, please also indicate how your organisation is working towards / has developed an Open, Transparent and Merit-Based Recruitment Policy. Although there may be some overlap with a range of actions listed above in the action plan (as emerged from the Gap Analysis), please provide a short commentary demonstrating the progress of the implementation versus the initial phase.

Comments on the implementation of the OTM-R principles (Initial Phase)

Comments on the implementation of the OTM-R principles (Internal Review for Interim Assessment)

This policy sets out steps of LSU teachers and researchers recruitment process. In line with HR Excellence in Research award, this policy aims to maintain and strengthen the principles of the C&C, providing more detailed information on the recruitment process.

Comments on the implementation of the OTM-R principles (Internal Review for Award Renewal)

The OTM-R policy has been in operation for at least 5 years. LSU announces a public competition for the position of researcher in April each year. Documents are accepted through the online IT tool. The competition announcement is posted on the LSU website, the website of the Lithuanian Science Council and, if an international competition is announced, on the Euraxes website. Anyone who meets the qualification requirements can apply. 1 month is allowed for the submission of documents. The documents of the candidates and the decision on the results of the competition are made by the Admission Commission for Teachers and Researchers, which consists of representatives from LSU and representatives of other universities. The final decision is taken by secret voting. More information about the procedure could be found here: https://www.lsu.lt/en/lsu-has-been-given-a-significant-international-award-hr-excellence-in-research/.

Please be aware that your OTM-R policy should be 'embedded' into the institutional HR strategy at the award renewal phase. The extended version of the reviewed HR strategy including the OTM-R policy and actions should be published on your organisation's website.

4. Implementation

General overview of the implementation process: (max. 1000 words)

The overall responsability for the monitoring and the implementation of the Action Plan lies with the HR Department. The self-assessment has involved consultations with the University's research staff, administration and the HR Excellence commitee. This consultation involved survey of researchers', which could be found here: https://www.lsu.lt/en/lsu-has-been-given-a-significant-international-award-hr-excellence-in-research/. This assessment has helped assess the implementation of the HR4R Action Plan, measuring the status and progress of these actions, as well as preparing a new plan for the next period. During the first part of the implementation phase of the HRS4R programme, the LSU experienced some difficulties setting in the execution and monitoring of the actions planned. The HRS4R Steering Committee has evaluated the relevant actions that needed to be extended from the original schedule, which now are in the process of implementation, as they are now considered as strategic. But most of the proposed actions for the period have been completed, though some actions have been extended for the next period. The feedback gathered from the research community and the staff has helped to adjust the Action plan with the purpose of meeting their needs.

Make sure you also cover all the aspects highlighted in the checklist, which you will need to describe in detail:

Note: Click on each question of the checklist to open the editor.

How have you prepared the internal review?*

~

Detailed description and duly justification (max. 500 words)

The task of overseeing the implementation and evaluation of the Action plan is assigned to the HRS4R Steering Committee. A periodical examination of each action has been carried out during the meetings of the Steering Committee, in order to measure and evaluate the progress made on their implementation, also assessing the reasoning behind any possible delays or alterations on the intended schedule.

During the implementation phase, the feedback from the researchers has been gathered, mostly, through informal meetings and survey. The assessment, in itself, has been carried out with an consultation with the research and administration staffs. The internal analysis was also based on the answers provided by representatives of each group of researchers and staff to a number of questions, using indicators and evaluating the level of success. Internal review was organized by HR excellence committee consisting of: Vice-Rector for Science, Head of Doctoral and Scientific Department, Head of HR, representatives of biomedical and social sciences, PhD student.

How have you involved the research community, your main stakeholders, in the implementation process?*

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Detailed description and duly justification (max. 500 words)

The main tool used to involve research community has been informal meetings, with the aim of keeping them informed of any new implemented actions and encouraging them to send back their suggestions directly to the HRS4R Coordinator. As previously stated, meetings carried out among the research staff have served as a platform for the HRS4R Coordinator to report to them.

Bearing in mind the results of this Assessment, the Action plan has been updated with the actions that are still pending completion and the new ones that have sprung both from this evaluation and from the HRS4R Steering Committee meetings. The revised Action Plan has been reviewed and approved by the LSU administration.

The Rector has been engaged in all the aspects involved with the HRS4R. The ultimate intend is to put into practice the HRS4R framework to help the University in achieving its goals that aims for excellence, making it more attractive for local and international researchers.

The research community needs to be widely involved as well. This has been done by means of periodical meetings, taking advantage of the fact that the LSU is a small University and face to face communication is feasible. It is important to keep working on the awareness of the cultural transformation that this process implies, without losing sight from the need of consensus and agreement by the research community at the LSU when implementing the action described in this plan.

Do you have an implementation committee and/or steering group regularly overseeing progress?*

V

Detailed description and duly justification (max. 500 words)

The HR excellence committee consisting of: Vice-Rector for Science (Edmundas Jasinskas), Head of Doctoral and Scientific Department (Jurate Stanislovaitiene), Head of Human recources and strategic mangement Department (Inga Staskeviciute Butiene), representatives of biomedical (Marius Brazaitis) and social sciences (Saulius Šukys), PhD student.

Direct monitoring is assigned to Inga Staskeviciute-Butiene, but once a year or with significant deviation from implementation, the committee meets to discuss HR Strategy. Going forward, the steering committee will carry on with the continuous monitoring of the implementation of the actions, with the aim of strengthening the LSU strategy with the HRS4R principles, ensuring that the implementation of the action plan produces measures embedded with the LSU policies, and also being prepared to integrate the remarks and suggestions provided by assessors.

Is there any alignment of organisational policies with the HRS4R? For example, is the HRS4R recognized in the organisation's * research strategy, overarching HR policy

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Detailed description and duly justification (max. 500 words)

Many of the principles of the HRS4R are already reflected in the following LSU internal documents: LSU Strategic plan 2018-2022; OTM-R Policy; Description of the procedure for organizing lecturer and research fellow attestation and public competition at LSU; LSU Promotion Procedure for high-level scientific Achievements; etc.

Having held the HR Excellence in Research Award for six years, internal evaluation of actions is now embedded within core practices and review processes across the HRS4R Operational and Monitoring Committees. Activities have been continuously developed over the past six years with this review providing us the opportunity to evaluate their impact and consider our strategy for the next three years. Future actions have been identified through a consultative process with a broad range of LSU.

HRS4R is included in LSU's 2019-2022 strategy as an integral part of it. The actions described on the revised version of the Action Plan have been based on the Internal Assessment conducted after the first Action Plan ran its course, and sprung from the resulting Gap Analysis. This plan has also been created on the basis of the feedback gathered from rhe researchers. The *HRS4R* and the principles described on the *European C&C* are considered key elements of the LSU overall strategic plan, with the participation of the relevant stakeholders. In that regard, the principles addressed by the Charter & Code align significantly with the overall strategy of the LSU.

How has your organisation ensured that the proposed actions would be also implemented?*



Detailed description and duly justification (max. 500 words)

Each action has been entrusted to the responsible unit. Progress is constantly evaluated by the Steering Committee, and any delay identified is rectified and rescheduled within the timeframe of the revised Action Plan, in agreement with the relevant responsible unit. The implementation of the actions is seen primarily as a collaborative effort, which means that some slternatives has to be offered to facilitate the work of the unit responsible and make sure that the HRS4R strategy does not interfere with the everyday tasks.

How are you monitoring progress (timeline)?*



Detailed description and duly justification (max. 500 words)

There is a person who is directly responsible for the timely implementation of Action Plan - Inga Staškevičiūtė Butienė, Head of Human Resources and Strategic Mangement Department. She updates the members of the Steering Committee on a regular basis about the progress (or lack of), so any support measure is carried out with the endorsement of the committee. The progress of our actions is also monitored as part of the continuous development cycle and achievement of the LSU strategic goals.

How will you measure progress (indicators) in view of the next assessment?*



Detailed description and duly justification (max. 500 words)

Most actions have a quantitative indicators, meaning that the only way to cross the action off the 'pending' list is if the final result is completed. The responsible unit for the implementation of each action has planned several checkpoints that must be completed during the process. Before each Steering Committee meeting, the HRS4R Coordinator touches base with the responsibles for the impending actions to report their status to the committee. Also a goodwill exists to ease the implementation process as much as possible, so as to interfere as little as possible with the everyday tasks. The deadlines expressed on the updated action plan are strong and achievable, but always open to reconsideration depending on the circumstances. The overall objective is to have these actions completed before the next assessment.

Progress measures will be evaluated according greater awareness of our HRS4R commitments and achievements across the LSU, making sure to strengthen researchers' participation in LSU policy making, strategy and decision making bodies; advancing in researcher equality, diversity, and inclusion, including greater support for researcher well-being and wellness; exxpanding of new ways of working, responding creatively to the contexts of COVID-19.

How do you expect to prepare for the external review?*

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Detailed description and duly justification (max. 500 words)

We will prepare for the external review by collecting the relevant results and indicators for each action. The related interim assessment will be reported by the HRS4R Steering Committee after collecting the input from the research community and preparation of the next action plan. A clear schedule for the meetings will be arranged so the assessors have the time and opportunity to talk with all the stakeholders during their visit. Participation and willingness to assist the assessors is and will be encouraged so the University, as a whole, is ready to welcome them.

Additional remarks/comments about the proposed implementation process: (max. 1000 words)