



# LITHUANIAN SPORTS UNIVERSITY

## STUDY MODULE PROGRAMME (SMP)

Module Code	S	273	B	16T	Accredited until			Renewal date
	Branch of Science		Progr.	Registr. №.				

Entitlement

Sports Games

Prerequisites

Secondary education

Course (module) Learning Outcomes

№.	Learning Outcomes	Teaching / Learning Methods	Assessment Methods
1	The course provides theoretical knowledge of basketball game and it's potential in developing athletes and schoolchildren. It introduces the rules and game management peculiarities of basketball. It also introduces the "classic" elements of the game techniques. The students are taught the practical application of sports games exercises for the purposes of health promotion, active recreation and the development of physical abilities.	Case analysis (Case study), Discussion, Exercise classes, Group work, Practical exercises (tasks)	Mid-term examination
2	The course provides theoretical knowledge of volleyball game and it's potential in developing athletes and schoolchildren. It introduces the rules and game management peculiarities of volleyball. It also introduces the "classic" elements of the game techniques. The students are taught the practical application of sports games exercises for the purposes of health promotion, active recreation and the development of physical abilities.	Exercise classes, Group work, Practical exercises (tasks), Seminar	Mid-term examination
3	The course provides theoretical knowledge of tennis game and it's potential in developing athletes and schoolchildren. It introduces the rules and game management peculiarities of tennis. It also introduces the "classic" elements of the game techniques. The students are taught the practical application of sports games exercises for the purposes of health promotion, active recreation and the development of physical abilities.	Discussion, Exercise classes, Group work, Practical exercises (tasks)	Mid-term examination
4	The course provides theoretical knowledge of football and their potential in developing athletes and schoolchildren. It introduces the rules and game management peculiarities of football. It also introduces the "classic" elements of the game techniques. The students are taught the practical application of sports games exercises for the purposes of health promotion, active recreation and the development of physical abilities.	Discussion, Exercise classes, Group work, Practical exercises (tasks)	Mid-term examination
5	The course provides theoretical knowledge of golf game and it's potential in developing athletes and schoolchildren. It introduces the rules and game management peculiarities of golf. It also introduces the "classic" elements of the game techniques. The students are taught the practical application of sports games exercises for the purposes of health promotion, active recreation and the development of physical abilities.	Discussion, Exercise classes, Group work, Practical exercises (tasks)	Mid-term examination

No.	Learning Outcomes	Teaching / Learning Methods	Assessment Methods
6	The course provides theoretical knowledge of virtual games for the purposes of health promotion, active recreation and the development of physical abilities.	Discussion, Exercise classes, Group work, Practical exercises (tasks)	Mid-term examination

#### Main aim

The aim is to introduce students to exercises of games (basketball, volleyball etc.), execution of the competition and the specifics of the management of these sports.

#### Summary

Sports game is a discipline which gives possibilities to extend motor skill stockpiles and understand importance and significant of sports games (basketball, volleyball etc). In time of lectures the student is teaching different aspects of games (technique, tactics, rules, organization of competition, education technology) including the specifics of the management of these sports.

#### Level of module

Level of programme		Subject group (under the regulation of the area)
Cycle	Type	
First	Bachelor	Specialaus lavinimo

#### Group under financial classification

10.Dailė (mokytojai), teatras (mokytojai), muzika (mokytojai), pedagogika (auklėtojai, pedagogai), sportas (treneriai)

#### Syllabus

No.	Sections and themes	Responsible lecturer
1.	Organising and conducting basketball competitions, rules of the game.	
2.	Basics of basketball technique and tactics.	
3.	Methodology of training basketball technique and tactics, skills building.	
4.	Organising and conducting volleyball competitions, rules of the game.	
5.	Basics of volleyball technique and tactics.	
6.	Methodology of training volleyball technique and tactics, skills building	
7.	Organising and conducting football competitions, rules of the game.	
8.	Basics of football technique and tactics.	
9.	Methodology of training football technique and tactics, skills building	
10.	Basics and rules of tennis.	
11.	Basics and rules of golf.	
12.	Basics and rules of virtual games.	

Evaluation procedure of knowledge and abilities:

#### References

No.	Title	Edition in Lithuanian Sports University library		In Lithuanian Sports University bookstore	Number of ex. in the methodical cabinet of the depart.
		Pressmark	Number of exemplars		
1.	Žaidimai: teorija ir didaktika. Krepšinis. Tinklinis: vadovėlis aukštųjų mokyklų kūno kultūros specialybių studentams. 2-asis papild ir patais. leidimas / S.Stonkus, A.Zuoza, V.Jankus, R.Pacenka. 2008.		65	No	
2.	Krepšinis. Istorija, teorija, didaktika: vadovėlis aukštųjų mokyklų studentams / Stonkus S.-Kaunas: LKKA, 2003.		98	No	
3.	Čižauskas A., Kreivytė R., Balčiūnas M. Parengiamieji krepšinio pratimai. Kaunas, LKKA, 2012.		50	No	

№.	Title	Edition in Lithuanian Sports University library		In Lithuanian Sports University bookstore	Number of ex. in the methodical cabinet of the depart.
		Pressmark	Number of exemplars		
4.	Matulaitis, K., Skarbalius, A., Abrantes, A., Gonçalves, B., Sampaio, J. (2019). Fitness, Technical, and Kinanthropometrical Profile of Youth Lithuanian Basketball Players Aged 7–17 Years Old. <i>Front Psychol.</i> , 10: 1677. DOI: 10.3389/fpsyg.2019.01677		1	No	
5.	Lidor R., Ziv G. 2010. Physical and physiological attributes of female volleyball players-a review. <i>J Strength Cond Res.</i> , 24(7):1963-73. Review.		1	No	
6.	Kazakevičius, R., Labutis, J., Statkevičius, R. <i>Futbolas. Istorija, teorija, didaktika. Vadovėlis. Kaunas, 2006.</i>		25	No	
7.	Saunders, V. <i>Golfo vadovas . Vilnius: Verslo žinios, 2009.</i>		5	No	
8.	International Tennis Federation Rules of Tennis. International Tennis Federation, ITF ITd, London, 2012.		1	No	
9.	Ali A. 2011. Measuring soccer skill performance: a review. <i>Scand J Med Sci Sports</i> , 21(2):170-83. Review.		1	No	
10.	Principles and practice of sport management / ed. by L. P. Masteralexis, C. A. Barr, M. A. Hums, 2015.	796.06 Pr-103	1	Yes	
11.	Routledge handbook of theory in sport management / ed. G. B. Cunningham, J. S. Fink, A. Doherty, 2018.	796.062 Ro-167	1	No	
12.	eSports is business : management in the world of competitive gaming /Tobias M. Scholz. - Siegen : Palgrave Macmillan, 2019. - 155 p.			No	

#### Additional literature

№.	Title
1.	Kazakevičius, R. <i>Futbolas kūno kultūros pamokose. LKKI, 1997</i>
2.	Schempp, P.G., Mattsson, P. (2014). <i>Golf: Steps to Success. Champaign, IL: Human Kinetics.</i> ( <a href="http://www.humankinetics.com/products/all-products/Golf-2nd-Edition-eBook?ActionType=2_SetCurrency&amp;CurrencyCode=3">http://www.humankinetics.com/products/all-products/Golf-2nd-Edition-eBook?ActionType=2_SetCurrency&amp;CurrencyCode=3</a> )
3.	Evans, K., Tuttle, N. (2015). Improving performance in golf: current research and implications from a clinical perspective. <i>Braz J Phys Ther</i> , <a href="http://dx.doi.org/10.1590/bjpt-rbf.2014.0122">http://dx.doi.org/10.1590/bjpt-rbf.2014.0122</a> .
4.	Horst Wein. <i>Developing youth football players: tap the full potential of your young footballers, Human Kinetics, 2007.</i>
5.	Zuoza A.K., Jankus V. <i>Tinklinis. Mokykimės teisėjauti. Mokomasis leidinys. 2asis papild. Ir patais. leidimasK.: LKKI, 2001. 75 p3.</i>
6.	Gedvilas V., Čižauskas A. <i>Išmokime žaisti krepšinį. Metodinė priemonė.-Kaunas: LKKA, 2003</i>
7.	<i>Sporto renginių organizavimas ir vykdymas mokyklose :studijų knyga /A. K. Zuoza, A. Buliuolis, I. J. Zuozienė ; Lietuvos sporto universitetas. Kaunas : LSU, 2016. 164 p. : iliustr.</i>

#### Coordinating lecturer

Position	Degree, surname, name	Schedule №.
Professor		111

#### Subdivision

Entitlement	Code
a	2005

Semester	Mode of studies	Structure				Total hours	Credits
		Theory	Seminars	Lab Works	Ind. work		
A	S	D	6	18	36	200	10

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
1.	1	0	1	7.	1	0	1
2.	0	0	1	8.	0	0	1
3.	0	1	1	9.	0	1	1
4.	1	0	1	10.	1	1	3
5.	0	0	1	11.	1	1	3
6.	0	1	1	12.	1	1	3
				Total:	6	6	18

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20
				Mid-term examination	1-3	40	20	*	O											
Mid-term examination	4-6	30	20			*	O													
Mid-term examination	7-9	40	15					*	O											
Mid-term examination	10	30	15							*	O									
Mid-term examination	11	30	15								*	O								
Mid-term examination	12	30	15													*	O			
Total:	-	200	100																	

Study module teaching form №. 2

Semester	Mode of studies	Structure				Total hours	Credits
		Theory	Seminars	Lab Works	Ind. work		
A	S	N	6	18	36	200	10

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
1.	1	1	2	7.	1	1	2
2.	0	1	2	8.	0	1	2
3.	0	1	2	9.	0	1	2
4.	1	1	2	10.	1	3	6
5.	0	1	2	11.	1	3	6
6.	0	1	2	12.	1	3	6

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
				Total:	6	18	36

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																						
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20						
Mid-term examination	1-3	40	20	*					0																	
Mid-term examination	4-6	30	15							*			0													
Mid-term examination	7-9	40	20									*			0											
Mid-term examination	10	30	15										*							0						
Mid-term examination	11	30	15												*					0						
Mid-term examination	12	30	15													*					0					
Total:	-	200	100																							