



LITHUANIAN SPORTS UNIVERSITY

STUDY MODULE PROGRAMME (SMP)

Module Code	S	273	B	19E	Accredited until			Renewal date		
	Branch of Science		Progr.	Registr. №.						

Entitlement

Sports Games I

Prerequisites

Secondary education

Course (module) Learning Outcomes

№.	Learning Outcomes	Teaching / Learning Methods	Assessment Methods
1	The course provides theoretical knowledge of football sport and it's potential in developing athletes and schoolchildren. It introduces the rules and competition peculiarities of football. It also introduces the "classic" elements of the football techniques. The students are taught the practical application of football exercises for the purposes of health promotion, active recreation and the development of physical abilities. They develop teaching-sports skills required for their future work.	Case analysis (Case study), Exercise classes, Formal lecture, Group work, Library / information retrieval tasks, Practical exercises (tasks), Seminar	Mid-term examination, Reporting for practice work
2	The course provides theoretical knowledge of handball sport and it's potential in developing athletes and schoolchildren. It introduces the rules and competition peculiarities of handball. It also introduces the "classic" elements of the handball techniques. The students are taught the practical application of handball exercises for the purposes of health promotion, active recreation and the development of physical abilities. They develop teaching-sports skills required for their future work.	Case analysis (Case study), Exercise classes, Formal lecture, Group work, Library / information retrieval tasks, Practical exercises (tasks), Seminar	Mid-term examination, Reporting for practice work
3	The course provides theoretical knowledge of rugby, baseball, golf sports and their potential in developing athletes and schoolchildren. It introduces the rules and competition peculiarities of sports games. It also introduces the "classic" elements of the rugby, baseball, golf techniques. The students are taught the practical application of rugby, baseball, golf exercises for the purposes of health promotion, active recreation and the development of physical abilities. They develop teaching-sports skills required for their future work.	Case analysis (Case study), Exercise classes, Formal lecture, Group work, Library / information retrieval tasks, Practical exercises (tasks), Seminar	Mid-term examination, Reporting for practice work

Main aim

The aim is to teach students to use exercises of games (football, etc.) as means of the development of physical abilities, health promotion and active recreation training athletes and schoolchildren of all ages; to help students prepare for independent pedagogical and organizational work.

Summary

Sports game is a discipline which gives possibilities to extend motor skill stockpiles and understand importance and significant of sports games (football, handball, etc) for coaches of different kind of sport.

In time of lectures the student is teaching different aspects of games (technique, tactics, rules, organization of competition, education technology)

Level of module

Level of programme		Subject group (under the regulation of the area)
Cycle	Type	
First	Bachelor	

Bendrojo universitetinio lavinimo

Group under financial classification

10.Dailė (mokytojai), teatras (mokytojai), muzika (mokytojai), pedagogika (auklėtojai, pedagogai), sportas (treneriai)

Syllabus

№.	Sections and themes	Responsible lecturer
1.	Organising and conducting football competitions, rules of the game.	
2.	Basics of football technique and tactics.	
3.	Methodology of training football technique and tactics, skills building.	
4.	Organising and conducting handball competitions, rules of the game.	
5.	Basics of handball technique and tactics.	
6.	Methodology of training handball technique and tactics, skills building.	
7.	Basics and rules of rugby.	
8.	Basics and rules of baseball.	
9.	Basics and rules of golf.	

Evaluation procedure of knowledge and abilities:

References

№.	Title	Edition in Lithuanian Sports University library		In Lithuanian Sports University bookstore	Number of ex. in the methodical cabinet of the depart.
		Pressmark	Number of exemplars		
1.	Kazakevičius, R., Labutis, J., Statkevičius, R. Futbolas. Istorija, teorija, didaktika. Vadovėlis. Kaunas, 2006.		25	No	
2.	Stasiulevičius, G., ir kiti. (1999). Rankinis/Vadovėlis		15	No	
3.	Stasiulevičius, G., Puodžiūnas, K. Rankinio žaidimo mokymas. LŽŪA, 2001.		20	No	
4.	Kazakevičius, R. Futbolas kūno kultūros pamokose. LKKI, 1997		12	No	
5.	Skarbalius A. Didelio meistriškumo rankininkų rengimo optimizavimas. Kaunas, LKKA, 2010.		50	No	
6.	Saunders, V. Golfo vadovas . Vilnius: Verslo žinios, 2009.		5	No	
7.	Kamandulis S., Vilčinskas P. Beisbolo taisyklės. 2002. Kaunas, LKKA.		50	No	
8.	Ali A. 2011. Measuring soccer skill performance: a review. Scand J Med Sci Sports, 21(2):170-83. Review.		1	No	
9.	avala M., Rogulj N., Srhoj V., Srhoj L., Katić R. 2008. Biomotor structures in elite female handball players according to performance. Coll Antropol., 32(1):231-9.Review.		1	No	

Additional literature

№.	Title
1.	Kazakevičius, R. Futbolas kūno kultūros pamokose. LKKI, 1997
2.	Stasiulevičius, G., Mikalauskas, R. Rankinio technikos veiksmų mokymas ir tobulinimas.Kaunas, 1997.

№.	Title
3.	Schempp, P.G., Mattsson, P. (2014). Golf: Steps to Success. Champaign, IL: Human Kinetics. (http://www.humankinetics.com/products/all-products/Golf-2nd-Edition-eBook?ActionType=2_SetCurrency&CurrencyCode=3)
4.	vans, K., Tuttle, N. (2015). Improving performance in golf: current research and implications from a clinical perspective. Braz J Phys Ther, http://dx.doi.org/10.1590/bjpt-rbf.2014.0122 .
5.	Horst Wein. Developing youth football players: tap the full potential of your young footballers, Human Kinetics, 2007.

Coordinating lecturer

Position	Degree, surname, name	Schedule №.
Professor		111

Subdivision

Entitlement	Code
Department of Coaching Science	2005

Study module teaching form №. 1

Semester	Mode of studies	Structure				Total hours	Credits	
		Theory	Seminars	Lab Works	Ind. work			
A	S	D	5	11	29	85	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
1.	1	1	1	6.	0	2	4
2.	0	1	5	7.	1	1	3
3.	0	2	4	8.	1	1	3
4.	1	1	1	9.	1	1	3
5.	0	1	5				
Total:					5	11	29

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20
				Mid-term examination	1-3	30	35	*				0								
Mid-term examination	4-6	25	35					*		0										
Accounting for practice sessions	7	10	10								*		0							
Accounting for practice sessions	8	10	10								*				0					
Accounting for practice sessions	9	10	10										*					0		
Total:		-	85	100																

Study module teaching form №. 2

Semester	Mode of studies	Structure				Total hours	Credits	
		Theory	Seminars	Lab Works	Ind. work			
A	S	N	5	11	29	85	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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