



Applied and Inclusive Physical Education.

Meeting at the University of Eastern Finland,

Joensuu campus, Finland, 2023 11 23

The session commenced with a warm welcome from Kristina Lappalainen, providing an overview of the project's goals and significance in the realm of inclusive physical education.

Following Maija Puomies presented the findings derived from the insightful focus group sessions. The discussion delved into the qualitative aspects, offering a deeper understanding of the perspectives gathered from participants.

Kwok Ng presented the quantitative results obtained from the survey. He introduced the problematic question why this survey was done and explained

methodology. The results presented have opened up questions for debate. The creation of learning material platform also was presented.

Kwok Ng then led a practical activity focusing on inclusive physical education.

Maija Puromies and Kwok Ng jointly summarized the key takeaways from the day's discussions, emphasizing the importance of the insights gained and their implications for the ongoing project. Closing remarks expressed gratitude to all participants for their contributions.