



## LITHUANIAN SPORTS UNIVERSITY

### STUDY MODULE PROGRAMME (SMP)

Module Code	S	260	B	024	Accredited until				Renewal date		
	Branch of Science		Progr.	Registr. №.							

Entitlement

Psychology and Sociology of Personality Identity

Prerequisites

Secondary education

Course (module) Learning Outcomes

№.	Learning Outcomes	Teaching / Learning Methods	Assessment Methods
1	During the lecture will be analyze the psycho-neurological and cognitive bases of identity;	Formal lecture, Group work, Seminar	Literature reviewing and presentation, Scientific paper (text) analysis
2	During the workshops students will be able to make deeper analysis of their own personality characteristics, cognitive processes, evaluating significance of their identity formation	Discussion, Formal lecture, Literature review presentation, Modeling of real-life (world) situations (projects), Seminar, Team project	Group work, Literature analysis
3	During the workshops students will be able to make deeper analysis of their own personality characteristics, cognitive processes, evaluating significance of their identity formation	Exercise classes, Group work	Reporting for practice work, Self-assessment
4	During the course the students will be get acquainted with the peculiarities of the formation of personal identity and the challenges of today's post-modern culture.	Discussion, Exercise classes, Formal lecture, Group work, Literature analysis, Literature review presentation, Practical exercises (tasks), Reflection on action, Scientific paper analysis, Seminar, Team project	Examination, Test

Main aim

Based on current scientific knowledge and achievements to provide students with the knowledge and skills to describe the concept of identity, its formation and expression, and integrate interdisciplinary approach.

Summary

During the course the students will be get acquainted with the peculiarities of the formation of personal identity and the challenges of today's post-modern culture. During the lecture will be analyze the psycho-neurological and cognitive bases of identity; multidimensionality of personality, identity and ego identity; personal behaviors, and risk of loss of identity; communication, socialization and identity. During the practical students will be able to make deeper analysis of their own personality characteristics, cognitive processes, evaluating significance of their identity formation. During the seminars students will get acquainted with the most famous scientists theories of p

Level of module

Level of programme		Subject group (under the regulation of the area)
Cycle	Type	
First	Bachelor	Bendrojo universitetinio lavinimo

Group under financial classification

## Syllabus

№.	Sections and themes	Responsible lecturer
1.	Concepts of personality and identity and historical development in the social sciences. Challenges of Postmodern Culture for Personal Identity.	
2.	An overview of psychological and social theories of identity.	
3.	Body and identity. Psychoneurological and cognitive foundations of identity.	
4.	Multidimensional personality, ego identity and identity.	
5.	Psychological characteristics of age stages and evolution of identity. Crises of identity.	
6.	Personal behavior patterns and risks of loss of identity.	
7.	Communication, socialization and identity.	
8.	Health, quality of life and identity.	

Evaluation procedure of knowledge and abilities:

## References

№.	Title	Edition in Lithuanian Sports University library		In Lithuanian Sports University bookstore	Number of ex. in the methodical cabinet of the depart.
		Pressmark	Number of exemplars		
1.	Lekavičienė, R. ir kt. (2008). <i>Psichologija šiandien</i> . Kaunas: Technologija.		1	No	1
2.	Shoemaker, D., & Tobia, K. (2019). <i>Personal identity</i> .			No	1
3.	Knobe, J. (2022). <i>Personal identity and dual character concepts</i> . <i>Experimental Philosophy of Identity and the Self</i> , 49.			No	1
4.	<i>Individo tapatumas</i> (2012). Sudarytoja ir atsakingoji redaktorė prof. dr. Jūratė Morkūnienė, MRU			No	1
5.	Leonavičius, V., Norkus, Z., Tereškinas, A. (2004). <i>Sociologijos teorijos</i> . Vytauto Didžiojo universitetas.			No	1
6.	Giddens, A. (2001). <i>Modernybė ir asmens tapatumas</i> . Vilnius: Pradai.			No	1
7.	Roberts, B. W., & Yoon, H. J. (2022). <i>Personality psychology</i> . <i>Annual review of psychology</i> , 73, 489-516. VDU leidykla.			No	1
8.	Legkauskas, V. (2008). <i>Tapatumas ir savimonė: jungtis tarp psichologijos ir sociologijos</i> . Nr. 3-4. <i>Sociologija Mintis ir veiksmai</i> .			No	1
9.	Magnusson, David. (2012). <i>The human being in society: Psychology as a scientific discipline</i> . <i>European Psychologist</i> , Vol 17(1). p. 21-27. PscARTICLES			No	
10.	Jefferson A. Singer, Pavel Blagov, Meredith Berry, Kathryn M. Oost (2013). <i>Self-Defining Memories, Scripts, and the Life Story: Narrative Identity in Personality and Psychotherapy</i> . <i>Journal of personality</i> . Volume 81, Issue 6, 569–582. <a href="http://onlinelibrary.wiley.com/doi/10.1111/jopy.12005/full">http://onlinelibrary.wiley.com/doi/10.1111/jopy.12005/full</a>			No	
11.	Woodward, K. (2018). <i>Concepts of identity and difference</i> . In <i>A Museum Studies Approach to Heritage</i> (pp. 429-440). Routledge.			No	
12.	Noonan, H. W. (2019). <i>Personal identity</i> . Routledge.			No	

№.	Title	Edition in Lithuanian Sports University library		In Lithuanian Sports University bookstore	Number of ex. in the methodical cabinet of the depart.
		Pressmark	Number of exemplars		
13.	Scheepers, D., & Ellemers, N. (2019). Social identity theory. In Social psychology in action (pp. 129-143). Springer, Cham.			No	
14.	Drummond, J. J. (2021). Self-identity and personal identity. Phenomenology and the Cognitive Sciences, 20(2), 235-247.			No	

Additional literature

№.	Title
1.	Horney, K. (2008). Neurotiška mūsų laikų asmenybė. Vilnius: Apostrofa.
2.	Giddens, A. (2000). Modernybė ir asmens tapatumas. Vilnius.
3.	Ellis, Bruce J. Bjor-klund, David F. (2012). Beyond mental health: An evolutionary analysis of development under risky and supportive environmental conditions. Developmental Psychology, Vol 48(3), May.
4.	Sennett, R. (2021). The uses of disorder: Personal identity and city life. Verso Books.
5.	Fitzgerald, A. (2020). Professional identity: A concept analysis. In Nursing Forum (Vol. 55, No. 3, pp. 447-472).
6.	Amarendra Gandhi, Koen Luyckx, Luc Goossens, Shubhada Maitra, Laurence Claes (2016). Sociotropy, autonomy, and non-suicidal self-injury: The mediating role of identity confusion. Personality and Individual Differences. Volume 99, September 2016, Pages 272–277. <a href="http://www.sciencedirect.com/science/article/pii/S0191886916304019">http://www.sciencedirect.com/science/article/pii/S0191886916304019</a>
7.	Geeta Rani (2016). IMPORTANCE OF SKILL BASED EDUCATION FOR THE DEVELOPMENT OF PERSONALITY. My Research Journals, Vol 4, N.1. <a href="http://www.myresearchjournals.com/index.php/AVSP/article/view/4389">http://www.myresearchjournals.com/index.php/AVSP/article/view/4389</a>
8.	Hadjicharalambous, Costas; Shi, Zhihong (2015). GENDER IDENTITY AND PERSONALITY INFLUENCE ON ETHICAL SENSITIVITY. Allied Academies International Conference. Academy of Legal, Ethical and Regulatory Issues. Proceedings; Arden 19.1 : 3-7. <a href="http://search.proquest.com/openview/0fbede7f7660eec7daa5a62102b40b8b/1?pq-origsite=gscholar&amp;cbl=38767">http://search.proquest.com/openview/0fbede7f7660eec7daa5a62102b40b8b/1?pq-origsite=gscholar&amp;cbl=38767</a>

Coordinating lecturer

Position	Degree, surname, name	Schedule №.
Associate Professor		13

Subdivision

Entitlement	Code
Department of Physical and Social Education	1006

Study module teaching form №. 1

Semester	Mode of studies	Structure				Total hours	Credits	
		Theory	Seminars	Lab Works	Ind. work			
A	S	D	12	14	0	104	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
1.	1	0	0	5.	2	2	0
2.	1	1	0	6.	2	2	0

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
3.	1	2	0	7.	2	2	0
4.	1	2	0	8.	2	3	0
Total:				12	14	0	

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																													
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20													
				Case analysis (study)	5	32	30	*															0										
Group Homework	7,8	32	30	*																												0	
Exam	1-8	40	40	*																												0	
Total:				-	104	100																											

Study module teaching form №. 2

Semester	Mode of studies	Structure				Total hours	Credits	
		Theory	Seminars	Lab Works	Ind. work			
A	S	N	12	14	0	104	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
1.	1	0	0	5.	2	2	0
2.	1	1	0	6.	2	2	0
3.	1	2	0	7.	2	2	0
4.	1	2	0	8.	2	3	0
Total:				12	14	0	

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																													
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20													
				Case analysis (study)	5	32	30	*															0										
Group Homework	7,8	32	30	*																										0			
Exam	1-8	40	40	*																											0		
Total:				-	104	100																											

Study module teaching form №. 3

Semester	Mode of studies	Structure				Total hours	Credits	
		Theory	Seminars	Lab Works	Ind. work			
A	S	D	12	14	0	104	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
1.	1	0	0	5.	2	2	0
2.	1	1	0	6.	2	2	0
3.	1	2	0	7.	2	2	0
4.	1	2	0	8.	2	3	0
				Total:	12	14	0

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																					
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20					
Case analysis (study)	5	32	30	*														0							
Group Homework	5-8	32	30	*																					0
Exam	1-8	40	40	*																					0
Total:	-	104	100																						

Study module teaching form №. 4

Semester		Mode of studies	Structure				Total hours	Credits
			Theory	Seminars	Lab Works	Ind. work		
A	S	N	12	14	0	104	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
1.	1	0	0	5.	2	2	0
2.	1	1	0	6.	2	2	0
3.	1	2	0	7.	2	2	0
4.	1	2	0	8.	2	3	0
				Total:	12	14	0

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																				
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20				
Case analysis (study)	5	32	30	*															0					
Group Homework	5-8	32	30	*																				0
Exam	1-8	40	40	*																				0
Total:	-	104	100																					