

# NEWSLETTER

### SUGAPAS MOOC now available in German

Feedback from the Austrian second Multiplier Sport Event led us to the conclusion that to make our online course more understandable and easily implementable into the education at Austrian school, we will translate the presentations used in the course into German.



Due to very strict Covid regulations in Austria during the first months of this year, the ASVÖ decided to split the Second Multiplier Event into two separate workshops. The first part of the event took place on February 6th, the second part was held on March 15th. Altogether, 50 students and future physical education teachers took part.

In a short presentation the game "Battle4Health", the SUGAPAS Steps Tracker, MOOC and Observatory were introduced and all participants had time to try out

the applications. In the following feedback round, the participants praised the project. Although all saw in general great potential to use such materials in the school setting, they mentioned problems concerning the language barrier. This feedback, as well as the problems the school children who took part in the workshop had with the content, led us to the decision to translate the MOOC into German.

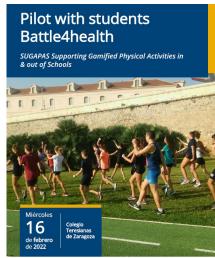
Since the beginning of June the German version of the courses is available on the MOOC Platform and all German-speaking students can now profit from easily understandable and accessible material about physical activity, healthy eating and a healthy lifestyle.





## More than 300 Spanish students use SUGAPAS to learn about a healthy lifestyle

On 16 February 2022 SUGAPAS partner Universidad Católica de Murcia carried out an experimental training at the Teresianas school in Zaragoza.



Students and Teachers received some basic instructions concerning the SUGAPAS Apps and the MOOC. Afterwards they had time to gain their own experiences with the applications and develop some skills and competences in physical activity, nutritional aspects and healthy living habits.



The teachers gave great feedback and integrated SUGAPAS into their educational content. After two month Spain cracked the 300 users mark, by the time of May there are 314 people in Spain playing Battle4Health—a huge success for our project.



### AUTh presents SUGAPAS at JTELSS Summer school

On 25th of May 2022, Thrasyvoulos Tsiatsos (AUTh) has presented Battle4Health Serious Game to more than 80 Technology Enhanced Learning experts in the context of each keynote speech about "Serious Games and Gamification" at JTELSS 2022 Summer school. For more details check: https://eatel.eu/events/local-keynote-serious-gamesgamification-new-approaches-to-teaching-and-<u>learning</u>.







# First SUGAPAS Transnational Project Meeting in Luxembourg

Due to the Covid pandemic, we were forced to organize everything concerning the SUGAPAS project in our countries without ever meeting our project partners in person. Until the mid of March 2022 all meetings were online. Yet finally, after more than two years after the start of SUGAPAS the Covid situation allowed for a personal meeting.

#### The meeting

EUPEA organized the first SUPAPAS Transnational Project Meeting from 10-11 March 2022 on the Belval Campus of the University of Luxembourg in Esch sur Alzette. Thanks to the hybrid format, all partners and further interested parties could join, even if they didn't have the possibility to be on site. Altogether, 13 persons from seven partner countries participated on site and up to ten people took part online.

#### Topics and goals

Main topics of the event were the details about the collaboration on reports and evaluations, as well as the Multiplier Events and how to promote SUGAPAS to students in all partner countries. The goals for the next weeks and months were to reach a



vast amount of students via Multiplier Events and activities in school to spread the word about SUGAPAS and collect data on the usability of the project. Furthermore, results and reports of past activities will be summarized and presented.

We thank EUPEA, notably Claude Scheuer and Sandra Heck for the great organization of the event.

### Upcoming SUGAPAS Events

In autumn, the third SUGAPAS Multiplier Sport Event will be held to present the results of our project. Date and place are yet to be determined and will be published soon.

21 June 2022 Transnational Project Meeting, Salzburg





### SUGAPAS Event in Lithuania attracts 35 teachers

On 21 January 2022 project leaders Dr. Sandrija Capkauskiene, Dr. Rita Gruodytė-Racienė and Dr. Vaida Pokvytyte from the Lithuanian Sports University organized the second SUGAPAS Multiplier Event in Lithuania.



The event attracted great interest from educators: 35 physical education teachers and sports specialists registered within a few days. It was set up as a possibility for teachers to get to know the SUGAPAS tools and find out how to include the platforms and games into everyday school life.

The training included a presentation of the results of the European Adolescent Healthy Lifestyles Survey and the SUGAPAS ecosystem as well as a practical test of the digital games, the Massive Open Online Course and the Health & Wellness Observatory. Dr. Olegas Batutis, an expert teacher from the Lithuanian Association of Teachers of Physical Education shared his good experience and students' impressions of the application of the SUGAPAS MOOC modules and the games Battle4Health with the SUGAPAS Steps Tracker in the educational setting.



http://sugapas.csd.auth.gr/



Coordinated by



#### **Partners**



















