

LITHUANIAN SPORTS UNIVERSITY

STUDY MODULE PROGRAMME (SMP)

Module Code	S 273		В	20G	Accredited		Rer	newal o	late
	Branc	h of Science	Progr.	Registr. №.	until				

Entitlement

Coaching Science of Selected Sport IV (Volleyball)

Prerequisites

To comply with the requirements of accession to the LSU, it's fourth modul of 5 kr.

Course (module) Learning Outcomes

№.	Learning Outcomes	Teaching / Learning Methods	Assessment Methods
1	Be able to use theoretical knowledge and skills of the training of athletes in to the practice	Formal lecture, One-to-one tutorials	Reporting for practice work
2	Will be able to develop and train the selected sports skills.	Library / information retrieval tasks, Literature analysis, Practical exercises (tasks)	Reporting for practice work
3	Be able to properly apply modern educational (learning) technologies and training (learning) methods, for preparing to pupils interesting and attractive training (learning) materials.	Exercise classes, Literature analysis	Problem-solving task, Project report
4	Will help to organize and run volleyball competitions.	Literature analysis, Practical exercises (tasks)	Case analysis (study), Reflection on action
5	Accumulation of the personal portfolio: the pedagogical skill formation, participation and judging of the competition, other volunteering in SLO and LSU	Simulation of real-life (world) situations	Reflection on action
6	Will be able to show knowledge of the topics taught in module		Examination

Main aim

Teach students to use the volleyball of theoretical knowledge and practical skills in coaching various age and gender, athletes, volleyball exercises to use as a natural power of education, health, re

Summary

The history of volleyball. Rules of the game. Practice of the volleyball (lesson, training), organizationally and practically aspects, methods and instrumentality in the volleyball practice. The possibility to use volleyball for conditioning in different kinds of sport. The volleyball technique and teaching. The basic of tactics. Competition in volleyball-organizational and participation aspects. Different kind of volleyball training. Long term volleyball training. Different kind of volleyball (beach volleyball, volleyball for disabled, park volleyball). Student?s science activity. Safety in volleyball practice. Selection in volleyball. Statistical analysis & scouting in volleyball

Level of module

Level	of programme	Subject group (under the regulation of the gree)					
Cycle	Type	Subject group (under the regulation of the area)					
First	Bachelor	Specialaus lavinimo					

Group under financial classification

10.Dailė (mokytojai), teatras (mokytojai), muzika (mokytojai), pedagogika (auklėtojai, pedagogai), sportas (treneriai)

Syllabus

№.	Sections and themes	Responsible lecturer
12.	The age peculiarities of young volleyball players	

№.	Sections and themes	Responsible lecturer								
14.	4. Safety of volleyball practice									
16.	Organization of the scientific research									
17.	coaching patterns and principles in volleyball									

Evaluation procedure of knowledge and abilities:

References

Kele	rences				
		Edition i	n Lithuanian		Number of
		Sports Uni	versity library	In Lithuanian	ex. in the
№.	Title	Pressmark	Number of exemplars	Sports University bookstore	methodical cabinet of the depart.
	Stonkus, S., Zuoza, A.K., Jankus, V., Pacenka,				the depart.
1.	R. (2002) Žaidimai: teorija ir didaktika.		1	No	
1.	Krepšinis. Tinklinis: vadovėlis. Kaunas: LKKA		1	140	
	Light, R. (2013) Game sense: pedagogy for				
2.	performance, participation and enjoyment. N.			No	
۷.	Y.: Routledge			110	
	Nash, Ch. (2015) Practical sports coaching. N.				
3.	Y.: Routledge			No	
	Armour, K. and Macdonald, D. (2012).				
4.	Research methods in physical education and			No	
	youth sport. N. Y.: Routledge				
5.	Coaches manual. (2011) FIVB		1	No	
6.	Coaches Manual. Level II. (2017) FIVB		1	No	
	Rookie coaches volleyball guide (1995).				
7.	American sport education program. Champaign,		1	No	
	ILL.: Human kinetics.				
8.	Basic Concepts of Long Term Talent			No	
8.	Development (2012). FIVB			No	
9.	Mini-Volleyball Handbook (2015). FIVB			No	
	Zuoza, A.; Buliuolis, A.; Zuozienė, I.J. (2016).				
10.	Sporto renginių organizavimas ir vykdymas		10	No	
10.	mokyklose : studijų knyga. Kaunas : Lietuvos		10	NO	
	sporto universitetas				
	Zuoza A.K. ir kt. (2020) Tinklinis. Mokykimės				
11.	teisėjauti : studijų knyga. 6-as patais. ir papild.		17	No	
	leid. Kaunas : Lietuvos sporto universitetas				
	Kidman, L. and Hanrahan, S.J. (2011) The				
12.	coaching process: a practical guide to becoming			No	
	an effective sports coach (3rd ed.). N. Y.:				
	Routledge				
13.	Gold Medal Volleyball: fourth edition(1993). Concord: The Sports Group Inc.			No	
	Kessel, J. (2009) Minivolley Volleyball 4				
14.	Youth. USA Volleyball			No	
	Araújo, V. (2011) Organisation Of Competitions				
15.	& Events For National Federations Of			No	
	Categories I And II. FIVB				
		1		1	

Additional literature

№.	Title
1	Malá, L., Malý, T., Zahálka, F., Bunc, V. (2014). Fitness Assessment. Body Composition. Prague:
1.	Karolinum Press

2. Sports injuries: how to prevent, diagnose and treat-Volleyball (2005). C.Beeson. Broomall: Mason Crest Publishers Inc. 3. Sporto terminy žodynas. T1 /Par. S.Stonkus. 7K.: LKKI,1996 ?680 p. 4. Top Volley Technical Booklet (2011) 5. Miškinis K. (1998). Tremerio etika. K.: Šviesa. 6. Miškinis K. (1998). Tremerio etika. K.: Šviesa. 7. Kristy N. McLean & Clifford J. Mallett (2012) What motivates the motivators? An examination of sports coaches, Physical Education and Sport Pedagogy 8. Walter T. S. (2013) A Kantian Theory of Sport, Journal of the Philosophy of Sport, 40:1, 107-133 9. Scott K., (2013). A phenomenology of competition. Journal of the Philosophy of Sport 10. International Journal of the History of Sport, 30:4, 338-355 11. MacMahon, C., Mascarenhas, D., Plessner, H., Pizzera, A., Oudejans, R.R.D. and Raab, M. (2015) Sports offcials and ofciating: science and practice. N. Y.: Routledge 12. Gamble, P. (2013) Strength and conditioning for team sports: sport-specifc physical preparation for high performance (2nd ed). N. Y.: Routledge 13. and tactical readiness volleyball. Pedagogics, psychology, medical-biological problemsof physical training and sports. vol.6 p. 25-29 14. Papgeorgegiou, A. Spitzley, W. (2003) Hanbook for Competitive Volleyball. Oxford: Meyer and Meyer 15. Papgeorgegiou, A. Spitzley, W. (2003) Hanbook for Competitive Volleyball. Oxford: Meyer and Meyer 16. Papgeorgegiou, A. Spitzley, W. (2002) Volleyball - A Handbook for Coaches and Players. Oxford: Meyer and Meyer 17. Culley, P. & Pascoe, J.(2009) Sports facilities and technologies. N. Y.: Routledge 18. Nelson. L., Potrac, P., Groom, R. (2015). Research methods in sports coaching. N. Y.: Routledge 19. Position Degree, surname, name Schedule № 10. Associate Professor 10. Entitlement Schedules Works Works Works Works Works North Hours Works Works North Hours Nor	№.	Title												
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