

SPORT FORUM – INTERNATIONAL
SCIENTIFIC CONFERENCE

ATHLETE TRAINING MANAGEMENT



Sport Against Violence and Exclusion

PROF. ANTONINO BIANCO
UNIVERSITY OF PALERMO
ANTONINO.BIANCO@UNIPA.IT



Sport Against Violence and Exclusion

ANTONINO BIANCO@UNIPA.IT
UNIVERSITY OF PALERMO
PROF. ANTONINO BIANCO



ATHLETE TRAINING MANAGEMENT



The Project

Sport Against Violence and Exclusion (SAVE) was a European Project that started in January 2018 and finished in September 2020.

The aims

- To develop high-quality materials for training coaches from grass-root sport clubs;
- To train coaches from grass-root sport clubs to the recognition and the management of conflicts among children within the sport teams;

ATHLETE TRAINING MANAGEMENT

The Consortium



The SAVE Consortium consists of 9 partners from 7 European Countries:

- Lithuanian Sports University (Lithuania)
- LUSF (Lithuania)
- University of Palermo (Italy)
- CESIE (Italy)
- University of Sarajevo (Bosnia and Herzegovina)
- University of Split (Croatia)
- WUS Austria (Austria)
- University of Novi Sad (Serbia)
- DEFOIN (Spain)



- DEFOIN (Spain)
- University of Novi Sad (Serbia)
- WUS Austria (Austria)
- University of Sarajevo (Bosnia and Herzegovina)



The Project

Sport Against Violence and Exclusion (SAVE) was a European Project that started in January 2018 and finished in September 2020.

The aims

- To develop high-quality materials for training coaches from grassroots sport clubs.
- To train coaches from grassroots sport clubs to the recognition and the management of conflicts among children within the sport teams.

Editorial

Preventing Violence and Social Exclusion through Sport and Physical Activity: The SAVE Project

Ambra Gentile ^{1,*}, Irena Valantine ², Inga Staskeviciute-Butiene ², Rasa Kreivyte ³, Dino Mujkic ⁴, Aela Ajdinovic ⁴, Ana Kezić ⁵, Đurdica Miletic ⁵, Almir Adi Kovačević ⁶, Dejan Madic ⁷, Patrik Drid ⁷ and Antonino Bianco ¹

¹ Department of Psychological, Pedagogical and Educational Sciences, University of Palermo, Viale delle Scienze, Ed. 15, 90128 Palermo, Italy; antonino.bianco@unipa.it

² Department of Sport Management, Economics and Sociology, Lithuanian Sports University; 44221 Kaunas, Lithuania; irena.valantine@lsu.lt (I.V.); inga.staskeviciute@lsu.lt (I.S.-B.)

³ Department of Coaching Sciences, Lithuanian Sports University, Kaunas 44221, Lithuania; rasa.kreivyte@lsu.lt

⁴ Faculty of Sport and Physical Education, University of Sarajevo, Sarajevo 71000, Bosnia and Herzegovina; dmujkic@fasto.unsa.ba (D.M.); internationalfasto@gmail.com (A.A.)

⁵ Faculty of Kinesiology, University of Split, 21000 Split, Croatia; anakezic@kfst.hr (A.K.); mileticd@kfst.hr (D.M.)

⁶ World University Service (WUS) Austria, 8010 Graz, Austria; adi.kovacevic@wus-austria.org

⁷ Faculty of Sport and Physical Education, University of Novi Sad, Novi Sad 21000, Serbia; dekimadic@gmail.com (D.M.); patrikdrid@gmail.com (P.D.)

* Correspondence: ambra.gentile91@gmail.com

Received: 28 March 2018; Accepted: 19 April 2018; Published: 21 April 2018



Abstract: Sport Against Violence and Exclusion (SAVE), a project cofounded by the Erasmus + Program of the European Union, seeks to prevent violent and socially exclusive behaviors through physical activity. The current editorial shows a range of possible interpretations of these two phenomena from both a psychological and sociological point of view, offering helpful methods to coaches who train children (ages 6 to 12) in grass-root sport clubs. Following a thorough analysis, partners from seven EU countries (Lithuania, Italy, Croatia, Bosnia and Herzegovina, Serbia, Austria, and Spain) will be able to identify skills and techniques for coaches to ensure inclusive training methods as well as to provide them with effective conflict resolution tools. Furthermore, both trainers and parents will have access to an online platform with useful information regarding these issues.

The scientific impact

The prevention of violence and exclusion has a relevance for the scientific community.

The Editorial

The first paper was an editorial summarizing the purpose of the Project

EDITORIAL

VIOLENCE, EXCLUSION AND THE ROLE OF CHILDREN AND ADOLESCENTS MORAL FEATURES IN THE SPORT DOMAIN: THE SAVE PROJECT

GENTILE AMBRA^{1*}, MILOVANOVIC IVANA², VALANTINE IRENA³, KREIVYTE RASA⁴, TILINDIENE ILONA⁵, MUJKIC DINO⁶, AELA ADINOVIC⁶, ANA KESICK⁸, DRID PATRIK², OBRADOVIC BORISLAV², KOROVLEJ DARINKA², BIANCO ANTONINO⁷, BOCA STEFANO⁷

¹PhD Program in Health Promotion and Cognitive Sciences, University of Palermo - ²Faculty of Sport and Physical Education, University of Novi Sad, Novi Sad, Serbia - ³Department of Sport Management, Economics and Sociology, Lithuanian Sports University - ⁴Department of Coaching Sciences, Lithuanian Sports University - ⁵Department of Health, Physical and Social education, Lithuanian Sports University - ⁶Faculty of Sport and Physical Education, University of Sarajevo, Sarajevo, Bosnia and Herzegovina - ⁷Department of Psychological, Pedagogical and Educational Sciences, University of Palermo, Viale delle Scienze, Ed. 15, 90128 Palermo, Italy - ⁸Faculty of Kinesiology, University of Split

ABSTRACT

The prevention of violence and exclusion in the sport domain is one of the principal priorities of the European Union Programs. Sport Against Violence and Exclusion (SAVE) Project is an initiative co-founded by the Erasmus Plus Programme of the European Commission, whose aim is to train coaches to recognize and manage violent and exclusion episodes in the sport situation. According to the psychological literature, one of the predictors of aggressiveness and antisocial tendencies is morality. In particular, for what concerns children, a less mature moral reasoning is associated to a greater tendency to aggress, while for adolescents, the moral atmosphere, in particular, the perception of the coach norms, seems to have the greatest influence on their behavior. For this reason, an in-depth training for coaches has been developed within SAVE Project. Furthermore, a scientific research involving seven countries has been conducted. The current Editorial Letter shows one year progress of SAVE Project. This and other initiatives, if supported by scientific community, could be an inspiration for broader policy reform.

The scientific impact

The success obtained from the first editorial (around 3000 views) has led to another monitoring editorial.

Article

Prosocial and Aggressive Behavior Occurrence in Young Athletes: Field Research Results in Six European Countries

Ivana Milovanović¹, Ambra Gentile², Tea Gutović³, Ana Kezić⁴, Doris Matošić⁴, Rasa Kreivytė⁵, Irena Valantine⁵, Gioacchino Daidone², Antonino Bianco², Dijana Radjo⁶, Borislav Obradović¹ and Patrik Drid^{1,*}

¹ Faculty of Sport and Physical Education, University of Novi Sad, 21000 Novi Sad, Serbia; i.a.milovanovic@gmail.com (I.M.); boriscons@yahoo.com (B.O.)

² Department of Psychology, Educational Science and Human Movement, Università degli Studi di Palermo, 90128 Palermo, Italy; ambra.gentile91@gmail.com (A.G.); daidoneg_95@yahoo.it (G.D.); antonino.bianco@unipa.it (A.B.)

³ Faculty of Humanities and Social Sciences, Department of Sociology, University of Split, 21000 Split, Croatia; tgutovic@ffst.hr

⁴ Faculty of Kinesiology, University of Split, 21000 Split, Croatia; anakezic@kfst.hr (A.K.); matosicdoris@gmail.com (D.M.)

⁵ Department of Coaching Sciences, Lithuanian Sports University, LT- 44221 Kaunas, Lithuania; rasa.kreivyte@lsu.lt (R.K.); irena.valantine@lsu.lt (I.V.)

⁶ School of Economics and Business, University of Sarajevo, 71000 Sarajevo, Bosnia and Herzegovina; dijana.radjo@hotmail.com

* Correspondence: patrikdrid@gmail.com; Tel.: +381-64-111-8884

Received: 7 May 2020; Accepted: 8 June 2020; Published: 22 June 2020



Abstract: Aggression and violence among youth are researched as social phenomena in sport. This paper was designed to determine the occurrence of these behaviors as well as prosocial behaviors among young athletes. The current paper is a research report aiming to detect the frequency of aggressive behavior, social exclusion, prosocial behavior and cohesion in the youth environment, the frequency of personal experience of peer violence or social exclusion, and to evaluate cross-national differences in terms of occurrence of these phenomena. The field research was conducted in six European countries (Austria, Bosnia and Herzegovina, Croatia, Italy, Lithuania, and Serbia) on a sample of 482 children aged 6 to 16. The conducted questionnaire consisted of pre-existing scales and measures for specific behaviors and social aspects that formed the Youth Environment Assessment and Youth Characteristics Questionnaire. Previous personal experience of violence and social exclusion determined groups in the sample. One-way ANOVA and discriminant analysis were conducted to compare various variables and groups within the sample. The results have shown that aggressive and social exclusion behaviors are rare or very rare, predominantly in the form of verbal aggression in the sports club environment. The results of the conducted discriminant analysis indicate that

The scientific impact

Field Research Results

The results collected in sport clubs with children from grass-root sport clubs from the six countries were published at the beginning of 2020.

Aggression and exclusion behaviours are perceived as not frequent, but a lot of children declared to have been victim of peer violence.

Project Outcomes

The Pilot Course

The first Pilot course was implemented between May and June 2019.

The topic were:

- THE VIOLENCE AND EXCLUSION RECOGNITION AND ITS PSYCHOSOCIAL FEATURES IN SPORT
- THE DEVELOPMENT OF PERSONAL AND SOCIAL (GROUP) RELATIONS IN SPORT
- DEVELOPING FAMILY AND COACH RELATIONS BASED ON TRUST AND RECIPROCITY
- EMPOWERMENT THROUGH SPORT FOR SOCIETAL CHANGE
- PREJUDICE AND PROBLEM SOLVING ASPECTS OF VIOLENCE AND EXCLUSION



Project Outcomes

The Training Kit


The training Kit is a manual containing the guidelines for coaches who are interested in these topics, and reflects the structure of the Pilot Training, including also some case studies.



Project Outcomes

The Moodle Platform

The moodle platform is a support containing all the training materials for the Pilot Training, some useful links and some assessment questions.



Sport against violence and exclusion

[Home](#) [Dashboard](#) [Events](#) [My Courses](#) [This course](#)


[My courses](#) > [ENGLISH](#)


GENERAL


I. THE VIOLENCE AND EXCLUSION RECOGNITION AND ITS PSYCHOSOCIAL FEATURES IN SPORT


This module is designed to provide an introduction to violent and exclusive behaviors in sport environment. The module will consider learning and understanding violent and exclusive behaviors and its psychosocial characteristics. The main purpose of this module is to teach coaches from grass-root sports to recognize violent and exclusive behaviors within their athletes and to use various strategies (e.g., improving emotional responses, communication) designed to promote prosocial behavior and reduce violent and exclusive behaviors in their sport.


- 1.1. Dangerous situations and the reduction of prejudice.
- 1.2. The concept of respect and prejudice after a violent/exclusive episode.
- 1.3. Group emotional responses, group communication after violence.
- 1.4. Strategies according to situational factors.
- 1.5. Communication with the victim and the offender and management of negative emotions.


 MODULE PROGRAMME I / Module Learning Outcomes


 Forum of theme I

 Learning material

 Helping-kids-deal-with-negative-emotions-in-the-classroom

 Book_Promoting Prosocial Behaviours in Children through Games and Play. Making Social Emotional Learning Fun


 Article_Applying Behavior Management Strategies in a Sport-Coaching Context

 Knowledge assessment / Task

Project Outcomes


The Website

The website contains all the news concerning the Project, some insights and some suggestions for coaches and parents.



[About project](#) [Project partners](#) [Contacts](#) [News](#) [EN](#) [LT](#) [IT](#) [ES](#) [DE](#) [BA](#) [HR](#) [SR](#)

[SAVE CLUBS](#) [SAVE SPORTS](#) [FOR COACHES](#) [BREAKING THE TABOOS](#) [GALLERY](#)




ABOUT PROJECT

[READ MORE](#)

Sport Against Violence and Exclusion (SAVE), a project cofounded by the Erasmus + Program of the European Union, seeks to prevent violent and socially exclusive behaviors through physical activity. The current editorial shows a range of possible interpretations of these two phenomena from both a psychological and sociological point of view, offering helpful methods to coaches who train children (ages 6 to 12) in grass-root sport clubs.


LATEST NEWS

[ALL NEWS](#)




2020-09-19

the team of the Faculty of Kinesiology, University of Split participated in the presentation of the results of the European Erasmus+



2020-09-11

The Lithuanian Sports University team has successfully organised SAVE Youth Event



2020-08-19

SAVE was disseminated on Lithuanian Radio and Television Channel

The events

Favara, 04/05/2019
(Municipalities)



The events

Bagheria, 17/05/2019
(Schools)



The events

Palermo, 18/07/2020
(University Symposium)



The events

Palermo, 12/10/2020
(Olympic Committee - CSI)



violence and bullying". The session's moderator was ENGSO's newly elected Secretary General, Sara Massini. ENGSO Youth's Chair, Ugne Chmeliauskaite gave an insightful introductory presentation to the topic, talking about ENGSO Youth's position paper on safeguarding children and youth in sport. Her speech was followed by a highly interesting keynote speech by Tine Vertommen, Criminologist and Researcher at the University of Antwerp on effective interventions to safeguard children in sport. Among other very useful pieces of information, Ms Vertommen pointed towards a mapping study on safeguarding children in sport, published in 2019 by the European Commission. Her lecture was followed by two research presentations. The first one was delivered by Prof. Antonino Bianco about the SAVE (Sport Against Violence and Exclusion) project, co-funded by the Erasmus+ Programme.



The Project

Sport Against Violence and Exclusion (SAVE) was a European Project that started in January 2018 and finished in September 2020.

The aims

- To develop high-quality materials for training coaches from grass-root sport clubs;
- To train coaches from grass-root sport clubs to the recognition and the management of conflicts among children within the sport teams;

Prof. Antonino Bianco presented the Erasmus+ Sport co-funded SAVE project

Prof. Antonino Bianco presented the Erasmus+ Sport co-funded SAVE project

Home News Activities Network About us Contact

ATHLETE TRAINING MANAGEMENT



The Project

Sport Against Violence and Exclusion (SAVE) was a European Project that started in January 2018 and finished in September 2020.

The aims

- To develop high-quality materials for training coaches from grass-root sport clubs;
- To train coaches from grass-root sport clubs to the recognition and the management of conflicts among children within the sport teams;

Contacts



FACEBOOK

SAVE: Sport Against Violence
and Exclusion

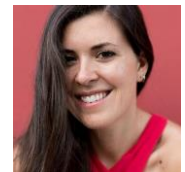


INSTAGRAM

@saveprojecteu

website: sportsave.eu
moodle: moodle.sportsave.eu

Responsible for the Project:
Prof. Dr. Rasa Kreivyte
rasa.kreivyte@lsu.lt



SAVE Italy
Dr. Ambra Gentile -
Psychologist
ambra.gentile01@unipa.it