



LITHUANIAN SPORTS UNIVERSITY

Nordic-Baltic Sustainable Approach Coaching Youth for Elite

June 11-15, 2018 Lithuania, Alanta







<u>Coaching youth - evidence based practice.</u> (ECTS 5 Certificate)

June 11-15, 2018 Lithuania, Alanta

Participated: 44

Students: 32

Lecturers: 12

Countries: Denmark, Latvia, Finland, Sweden, Lithuania











Evaluation form:

- 1. Did you receive sufficient information before arrival to the Summer Camp? 100 % yes
- 2. What is your overall rating of the Summer Camp? (out of 5) 4.1
- 3.How do you evaluate the structure and format of the Summer Camp? -Well-balanced











- 4. How do you evaluate social programme and activities? (out of 5) 4.2
- 5. Please evaluate specific theoretical and training sessions that you attended during the Summer Camp as well as organization of social programme? (out of 5)

I. First day – 4

II. Second day – 4

III. Third day – 4

IV. Fourth day -4.5









- 6.Please evaluate the value of the Summer Camp to your professional development. (out of 5) 3.7
- 7. Did the Summer Camp course meet your expectations? Yes
- 8. Would you recommend the Summer Camp Course to your groupmates? Yes









Summer Camp Comments and Suggestions:



- The summer camp could last more days.
- More practical sessions.
- The content of the three days was really good, but very intensive.
- Could have included the World Cup.
- More free time
- Liked combination of theory and practice.









- To receive deeper knowledge.
- We missed information and welcome from the organizers.
- More breaks.
- The quality of lectures was very high and understandable.
- Liked social programmes very much.
- Organization was very well prepared.
- Horizontal
- It was nice to have a lot of team work.
- The organizers haven't informed us about anything.





Conclusion:

Total evaluation - good

Students meet their expectations and received knowledge as well as cultural insentive.





Minuses:

- Students were not very well informed about the content of the event. (Country coordinators)
- Many of participating students were not related to Sports Coaching. (Selection at the institution)
- Level of the students was different. (Less interest)



- Evaluation of the event was not adequate (contrast in answers)
- Disapontment and complains were groundless (discrepancy in answers)
- It was time saving programme and really intensive (limited time for social programme)





- Intensive work and activities (No summing up)
- Different activeness of each country students (passive in communication)

Pluses:

- Students were satisfied with overall programme
- Theory and practice were closely related.
- Wide social programme



- Knowledge from different country perspective
- International experience
- Free of charge



PROJECT

Continuity of the project



WHO? – What institution is going to continue the project?

Application Deadline – February 1, 2019

December, January – 2 months for apprication.



Future project

Continuos topic –

Partnership –