



# LITHUANIAN SPORTS UNIVERSITY

## **Nordic-Baltic Sustainable Approach Coaching Youth for Elite**

*13-15 November, Denmark*

# Summer Camp



## Coaching youth - evidence based practice. (ECTS 5 Certificate)

*June 11-15, 2018 Lithuania, Alanta*

**Participated: 44**

**Students: 32**

**Lecturers: 12**

**Countries: Denmark, Latvia, Finland, Sweden, Lithuania**



# Summer Camp



## Evaluation form:

- 1. Did you receive sufficient information before arrival to the Summer Camp? 100 % yes**
- 2. What is your overall rating of the Summer Camp? (out of 5) - 4.1**
- 3. How do you evaluate the structure and format of the Summer Camp? -Well-balanced**



# Summer Camp



**4. How do you evaluate social programme and activities? (out of 5) - 4.2**

**5. Please evaluate specific theoretical and training sessions that you attended during the Summer Camp as well as organization of social programme? (out of 5)**

**I. First day – 4**

**II. Second day – 4**

**III. Third day – 4**

**IV. Fourth day – 4.5**





# Summer Camp

**6. Please evaluate the value of the Summer Camp to your professional development. (out of 5) – 3.7**

**7. Did the Summer Camp course meet your expectations ? – Yes**

**8. Would you recommend the Summer Camp Course to your groupmates? - Yes**



# Summer Camp

## Comments and Suggestions:



- The summer camp could last more days.
- More practical sessions.
- The content of the three days was really good, but very intensive.
- Could have included the World Cup.
- More free time
- Liked combination of theory and practice.



# Summer Camp



- To receive deeper knowledge.
- We missed information and welcome from the organizers.
- More breaks.
- The quality of lectures was very high and understandable.
- Liked social programmes very much.
- Organization was very well prepared.
- It was nice to have a lot of team work.
- The organizers haven't informed us about anything.



# Summer camp



## **Conclusion:**

Total evaluation - good

Students meet their expectations and received knowledge as well as cultural incentive.



# Summer Camp



## Minuses:

- Students were not very well informed about the content of the event. (Country coordinators)
- Many of participating students were not related to Sports Coaching. (Selection at the institution)
- Level of the students was different. (Less interest)

# Summer Camp

- Evaluation of the event was not adequate (contrast in answers)
- Disapontment and complains were groundless (discrepancy in answers)
- It was time saving programme and really intensive (limited time for social programme)

# Summer Camp

- Intensive work and activities (No summing up)
- Different activeness of each country students (passive in communication)

## Pluses:

- Students were satisfied with overall programme
- Theory and practice were closely related.
- Wide social programme

# Summer Camp

- Knowledge from different country perspective
- International experience
- Free of charge

# PROJECT

## Continuity of the project



**WHO?** – What institution is going to continue the project?

**Application Deadline** – February 1, 2019

December, January – 2 months for application.



# Future project

Continuos topic –

Partnership –