



## LITHUANIAN SPORTS UNIVERSITY

### STUDY MODULE PROGRAMME (SMP)

Module Code	B	680	B	025	Accredited until	2018	06	01	Renewal date		
	Branch of Science		Progr.	Registr. №.							

Entitlement

Public Health and Basics of Rehabilitation

Prerequisites

Basics of Biomedical sciences

Course (module) Learning Outcomes

№.	Learning Outcomes	Teaching / Learning Methods	Assessment Methods
1	To be able to understand, analyze and evaluate the surrounding social and biological environment, the global political, economic and social processes and challenges.	Discussion, Formal lecture, Literature review presentation, Seminar	Group work, Paper
2	To be able to fully participate in a purposefully created multidisciplinary group activity.	Discussion, Formal lecture, Seminar	Group work, Problem-solving task
3	To act constructively in interdisciplinary environments, ensuring a mutually beneficial exchange of information, planning and execution of high-quality services.	Formal lecture, Library / information retrieval tasks, Seminar	Paper

Main aim

To introduce students to the concept of health, its goals, health policy, the health care system, the concept of rehabilitation, organization, principles and instruments, and medical ethics.

Summary

The module is intended for students of physiotherapy degree, and adapted physical activity programs. The science about health, definition of health, aims of health maintenance and promotion, health policy and national health system. Rehabilitation, and its components, principles, tools, organization. Medical ethics.

Level of module

Level of programme		Subject group (under the regulation of the area)
Cycle	Type	
First	Bachelor	Mokslo srities pagrindų

Group under financial classification

9.Reabilitacija ir slauga, sportas (išskyrus trenerius)

Syllabus

№.	Sections and themes	Responsible lecturer
1.	Public health	914 doc. dr. Jūratė Samėnienė
1.1	Introduction to the module. Health science. Policy of health. The National Health System.	914 doc. dr. Jūratė Samėnienė
1.2	Health concept. Health definition. Health maintenance and promotion.	914 doc. dr. Jūratė Samėnienė
1.3	Physical health. The body's organs and systems as a whole. Mental Health. Mental and physical health connection.	914 doc. dr. Jūratė Samėnienė
1.4	Disease, its conception. Diseases limiting movement. A disease of aging. Injuries. Psychological-emotional response to illness	914 doc. dr. Jūratė Samėnienė

№.	Sections and themes	Responsible lecturer
1.5	Physical activity. Physical activity and health. Physical properties important for health.	914 doc. dr. Jūratė Samėnienė
1.6	Personal and public health. Health status and its assessment.	914 doc. dr. Jūratė Samėnienė
2.	Basics of rehabilitation	488 prof. habil.dr. Aleksandras Kriščiūnas
2.1	Rehabilitation paradigma. Rehabilitation system and its components. Medical ethics in rehabilitation.	488 prof. habil.dr. Aleksandras Kriščiūnas
2.3	International classification of functioning. Assessment of disability and remained working capacity.	488 prof. habil.dr. Aleksandras Kriščiūnas
2.4	Assessment of patient's functional state. Peculiarities of rehabilitation in pediatrics and geriatrics.	488 prof. habil.dr. Aleksandras Kriščiūnas
2.8	Peculiarities of rehabilitation of disabled women.	488 prof. habil.dr. Aleksandras Kriščiūnas
2.9	Psychosocial rehabilitation. Professional rehabilitation.	488 prof. habil.dr. Aleksandras Kriščiūnas
2.11	Individual rehabilitation programs.	488 prof. habil.dr. Aleksandras Kriščiūnas
2.12	Territorial rehabilitation programs.	488 prof. habil.dr. Aleksandras Kriščiūnas

Evaluation procedure of knowledge and abilities:

References

№.	Title	Edition in Lithuanian Sports University library		In Lithuanian Sports University bookstore	Number of ex. in the methodical cabinet of the depart.
		Pressmark	Number of exemplars		
1.	I Jakušvaitė (2011). Medicinos filosofija: mokomoji knyga.	61 Ja263	1	No	
2.	Jakušvaitė, I. (2001). Medicina ir filosofija.	61 Ja263	7	Yes	1
3.	Wulff H.R. (2001). Medicinos filosofija.	61 Vu-16	2	No	
4.	Tarptautinė funkcionavimo, nešgalumo ir sveikatos klasifikacija. (2001). WHO. PSo, Ženeva.			Yes	1
5.	Kriščiūnas A. (2005). Holistinis požiūris reabilitacijoje. Medicinos teorija ir praktika, 1(41), 10-12.			Yes	1
6.	Kriščiūnas ir kt. (2008). Reabilitacijos pagrindai. Kaunas, Vitae Litera.	616-01/-099 Kr277	80	No	

Additional literature

№.	Title
1.	Samėnienė J, Kriščiūnas A. (2008). The state of disablement in Lithuania, 2nd World congress of the international society of physical and rehabilitation medicine. May, 18-22.
2.	A. Kriščiūnas. Negalia ir požiūris į ją šiuolaikinėje visuomenėje. Lietuvos sveikata. 2015 Nr. 1

Coordinating lecturer

Position	Degree, surname, name	Schedule №.
Professor	Prof. Dr. Hab. Aleksandras Kriščiūnas	488

Subdivision

Entitlement	Code
a	2006

Semester		Mode of studies	Structure				Total hours	Credits
			Theory	Seminars	Lab Works	Ind. work		
A	S	D	6	18	0	106	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
				Total:	0	0	0

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20
Mid-term examination	1.1-1.6	32	30	*	*	*	*	*	0											
Group (team) project	1.4-1.6	20	20				*	*	0											
Mid-term examination	2.1-2.12	32	30							*	*	*	*	*	0					
Problem-solving task	2.1-2.12	20	20							*	*	*	*	*	0					
Total:	-	104	100																	

**Study module teaching form №. 2**

Semester		Mode of studies	Structure				Total hours	Credits
			Theory	Seminars	Lab Works	Ind. work		
A	S	D	6	18	0	106	130	5

Languages of instruction:

Lithuanian	L	English	E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours		
	Theory	Seminars	Lab Works		Theory	Seminars	Lab Works
				Total:	0	0	0

Schedule of individual work tasks and their influence on final grade

	№. of syllabus	Total hours	Influence on grade, %	Week of presentment of task (*) and reporting (o)																
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17-20
Total:	-	0	0																	