

LITHUANIAN SPORTS UNIVERSITY

STUDY MODULE PROGRAMME (SMP)

Module Code	S	273	В	02S	Accredited	2020	06	01	Ren	ewal (date
Wiodule Code	Brancl	n of Science	Progr.	Registr. №.	until		00	01			
Entitlement											
Sports Games											
Prerequisites											
Secondary educa	tion										
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Course (module) Learning Outcomes

№.	Learning Outcomes	Teaching / Learning Methods	Assessment Methods
1	The course provides theoretical knowledge of basketball sport and it's potential in developing athletes and schoolchildren. It introduces the rules and competition peculiarities of basketball. It also introduces the "classic" elements of the basketball techniques. The students are taught the practical application of basketball exercises for the purposes of health promotion, active recreation and the development of physical abilities. They develop teaching-sports skills required for their future work	Case analysis (Case study), Discussion, Exercise classes, Formal lecture, Group work, Library / information retrieval tasks, Literature analysis, Practical exercises (tasks), Simulation (engineering, technology or process simulation)	Mid-term examination, Reporting for practice work
2	The course provides theoretical knowledge of volleyball sport and it's potential in developing athletes and schoolchildren. It introduces the rules and competition peculiarities of volleyball. It also introduces the "classic" elements of the volleyball techniques. The students are taught the practical application of volyball exercises for the purposes of health promotion, active recreation and the development of physical abilities. They develop teaching-sports skills required for their future work.	Case analysis (Case study), Discussion, Exercise classes, Formal lecture, Group work, Library / information retrieval tasks, Literature analysis, Practical exercises (tasks), Seminar, Simulation (engineering, technology or process simulation)	Mid-term examination, Reporting for practice work
3	The course provides theoretical knowledge of tennis, table tennis, badminton sports and their potential in developing athletes and schoolchildren. It introduces the rules and competition peculiarities of sports games. It also introduces the "classic" elements of the tennis, table tennis and badminton techniques. The students are taught the practical application of tennis, table tennis, badminton exercises for the purposes of health promotion, active recreation and the development of physical abilities. They develop teaching-sports skills required for their future work.	Case analysis (Case study), Discussion, Exercise classes, Formal lecture, Group work, Library / information retrieval tasks, Literature analysis, Practical exercises (tasks), Seminar, Simulation (engineering, technology or process simulation)	Reporting for practice work, Seminar

Main aim

The aim is to teach students to use exercises of games (basketball, volleyball etc.) as means of the development of physical abilities, health promotion and active recreation training athletes and schoolchildren of all ages; to help students prepare for independent pedagogical and organizational work.

Summary

Sports game is a discipline which gives possibilities to extend motor skill stockpiles and understand importance and significant of sports games (basketball, volleyball etc) for coaches of different kind of sport. In time of lectures the student is teaching different aspects of games (technique, tactics, rules, organization of competition, education technology)

Level of module

Level of programme		Subject group (under the regulation of the gree)			
Cycle	Type	Subject group (under the regulation of the area)			
First	Bachelor	Specialaus lavinimo			

Group under financial classification

10.Dailė (mokytojai), teatras (mokytojai), muzika (mokytojai), pedagogika (auklėtojai, pedagogai), sportas (treneriai)

Syllabus

№.	Sections and themes	Responsible lecturer
1.	Organising and conducting basketball competitions, rules of the game.	89 dr. Rasa Kreivytė
2.	Basics of basketball technique and tactics.	89 dr. Rasa Kreivytė
3.	Methodology of training basketball technique and tactics, skills building.	89 dr. Rasa Kreivytė
4.	Organising and conducting volleyball competitions, rules of the game.	85 doc. dr. Aurelijus Kazys Zuoza
5.	Basics of volleyball technique and tactics.	85 doc. dr. Aurelijus Kazys Zuoza
6.	Methodology of training volleyball technique and tactics, skills building	85 doc. dr. Aurelijus Kazys Zuoza
7.	Basics and rules of tavle tennis	86 asist. Jolanta Simanavičienė
8.	Basics and rules of tennis	500 dr. Rima Bakienė
9.	Basics and rules of badminton	86 asist. Jolanta Simanavičienė

Evaluation procedure of knowledge and abilities:

References

№.	Title	Sports	n Lithuanian University brary	In Lithuanian Sports University	Number of ex. in the methodical	
		Pressmark	Number of exemplars	bookstore	cabinet of the depart.	
1.	Žaidimai: teorija ir didaktika. Krepšinis. Tinklinis: vadovėlis aukštųjų mokyklų kūno kultūros specialybių studentams. 2-asis papild ir patais. leidimas / S.Stonkus, A.Zuoza, V.Jankus, R.Pacenka. 2008.		65	No		
2.	Krepšinis. Istorija, teorija, didaktika: vadovėlis aukšųjų mokyklų studentams / Stonkus SKaunas: LKKA, 2003.		98	No		
3.	Čižauskas A., Kreivytė R., Balčiūnas M. Parengiamieji krepšinio pratimai. Kaunas, LKKA, 2012.		50	No		
4.	Bogušas, V. Mieželytė, A. Stalo tenisas. Kaunas, LKKA, 1998		50	No		

№.	Title	Edition in Lithuanian Sports University library Pressmark Number of exemplars		In Lithuanian Sports University bookstore	Number of ex. in the methodical cabinet of the depart.
5.	International Tennis Federation Rules of Tennis. International Tennis Federation, ITF lTd, London, 2012.		1	No	
6.	Ziv G., Lidor R. 2009. Physical attributes, physiological characteristics, on-court performances and nutritional strategies of female and male basketball players. Sports Med., 39(7):547-68. Review.		1	No	
7.	Lidor R., Ziv G. 2010. Physical and physiological attributes of female volleyball players-a review. J Strength Cond Res., 24(7):1963-73. Review.		1	No	
Ad	ditional literature		·	·	
No	Title				

№.	Title
1.	Zuoza A.K., Jankus V. Tinklinis. Mokykimės teisėjauti. Mokomasis leidinys. 2?asis papild. Ir patais. leidimas?K.: LKKI, 2001. ? 75 p3.
2.	Zuoza A.K. Tinklinio varžybų organizavimas ir vykdymas: Mokomasis leidinys.?K.: LKKI, 1999. ? 50 p.4.
3.	Gedvilas V., Čižauskas A. Išmokime žaisti krepšinį. Metodinė priemonė Kaunas: LKKA, 2003
4.	Čižauskas A., Balčiūnas M. Parengiamieji krepšinio pratimai. Mokomoji priemonėKaunas: LKKA, 2003
5.	Sporto renginių organizavimas ir vykdymas mokyklose :studijų knyga /A. K. Zuoza, A. Buliuolis, I. J. Zuozienė; Lietuvos sporto universitetas. Kaunas : LSU, 2016. 164 p. : iliustr.
6.	Laisvalaikio pagrindai :vadovėlis /sudaryt. Rimantas Mikalauskas. Kaunas : LSU, 2017. 456 p. : iliustr.
7.	Janet A. Young . Coach resilience: What it means, why it matters and how to build it. Victoria University, Australia. ITF Coaching and Sport Science Review, 2014, 63 (22): 10-12.

Coordinating lecturer

Position	Degree, surname, name	Schedule №.
Professor	Prof. Dr. Sigitas Kamandulis	111
Subdivision		

Dubbli (1810)	
Entitlement	Code
a	2005

Study module teaching form №. 1

Semester			Structure				Total	ļ	
		Mode of studies	Theory Seminars		Lab Ind. Works work		Total hours	Credits	
A	S	D	5	40	0	85	130	5	

Languages of instruction:

Lithuanian L	English E	Russian	R	French	F	German	G	Other	Oth.
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Plan of in-class hours

№. of Themes	Academic hours			№. of Themes	Academic hours				
	Theory	Seminars	Lab Works	№. of Themes	Theory	Seminars	Lab Works		
				Total:	0	0	0		

Schedule of individual work tasks and their influence on final grade

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	№. of syllabus	Total hours	influence on	Week of presentment of task (*) and reporting (o)							
			,	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17-2							
Mid-term examination	1-3	30	35	* O O O O O O O O O							

	№. of	Total	Influence on		Week of presentment of task (*) and reporting (o)												
	syllabus	hours	grade, %	1 2	2 3	4	56	7	8	9 10	11	12	13	14	15	16	17-20
Mid-term examination	4-6	25	35				*	4		0							
Accounting for practice sessions	8	10	10									*				О	
Accounting for practice sessions	9	10	10										*			О	
Accounting for practice sessions	7	10	10										*			0	
Total:	_	85	100														

Study module teaching form №. 2

				Structu	Total			
Seme	ester	Mode of studies	Theory	Seminars	Lab Works	Ind. work	hours	Credits
A	S	N	5	40	0	85	130	5

Languages of instruction:

0 0											
Lithuanian	L	English	Е	Russian	R	French	F	German	G	Other	Oth.

Plan of in-class hours

№. of Themes		Academic ho	ours	№. of Themes	Academic hours					
	Theory	Seminars	Lab Works	№. of Themes	Theory	Seminars	Lab Works			
				Total:	0	0	0			

Schedule of individual work tasks and their influence on final grade

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	No of avilabus	Total	Influence on and 0/	Week of presentment of task (*) and reporting (o)									
	№. of syllabus hou		Influence on grade, %	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17-20									
Total:	-	0	0										