

## Health Policy and Sports: Strategy and Governance

Volume of the module in credits	The entire student workload in hours	Contact hours	Self-study hours
5	130	26	104

Cycle of studies: First
Level of module: General Studies
Type of module: Mandatory

### Entitlement

Sveikatos politika ir sportas: strategijos ir valdymas
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Entitlement in the English Language

<b>Health Policy and Sport: Strategies and Governance</b>
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### Prerequisites (if any)

Strategy, Policy Development and Implementation; Small Business and Entrepreneurship
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Language(s) of instruction:	English

Coordinating lecturer (position, degree, name, surname, signature) Professor, Dr. Habil. Irena Misevičienė
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### Aim of module

To know, perceive and critically evaluate the formation principles of health policy and relation with health enhancing physical activity (HEPA), sports policies, the tendencies of their development at national and international levels. On the basis of WHO health policy documents to analyse main strategies for health and HEPA implementation within countries, to master theoretical and methodological knowledge for the evidence based sport and health policy decision making and proposals in health policy governance, implementing the main principle "health policy in all policies". To educate students as leaders concerning their behaviour in sport and health sectors, to carry out the HEPA, to work in multicetorial teams and use evidence based policies and strategies for noncommunicable diseases (NCDs) prevention.
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Study outcomes of module	Study methods	Assessment methods
Is able to know and critically assess health policy formation processes, development tendencies and relations with HEPA and sports policies	Lectures, seminar, individual tasks, discussions	The presentation (written or oral) of the analysis of political documents and research articles
Is aware of national and international legal documents regulating health and sports sectors activities in implementation of health and sports policies	Lectures, seminar, individual tasks and group work, discussions, brainstorm.	Individual tasks (written), the presentation (written or oral)
Is able to know, analyse and critically assess socio-demographical and economical context of the development sport and health policy and be able to apply the integrated evidence-based recommendations for NCD's risk factors control	Lectures, seminars, group work, discussions	Individual tasks (written), the group work (written), the presentation (written or oral)

s able to collect, analyse and structure information from primary and secondary sources using research methods and validate professional activity on evidence based data	Lectures, seminars, discussions	Individual tasks (written), the group work (written), the presentation (written or oral)
Is able to understand the principle “health policy in all policies, manage people and work in a multisectoril teams teams in the implementation of main strategic health and sports policies aims.	Seminars, individual tasks and group work, discussions, analysis of good practice examples.	Interview, review of the literature , the analysis of political documents and legal acts; presentation (written), individual and group work presentation (written). Exam (written).

### Syllabus

No.	Sections and themes	Responsible lecturer	Self-study materials
1	Health policy conception and the process of health policy formation. The role of World Health Organization (WHO).	Irena Misevičienė	WHO policy documents: <a href="http://www.euro.who.int/en/health-topics">http://www.euro.who.int/en/health-topics</a> . Eurohealth. European Observatory on Health Systems and Policies. <a href="http://www.euro.who.int/en/who-we-are/partners/observatory/eurohealth">http://www.euro.who.int/en/who-we-are/partners/observatory/eurohealth</a> Scientific journals: Health Policy and Planning. <a href="http://heapol.oxfordjournals.org/">http://heapol.oxfordjournals.org/</a> Health Policy. <a href="http://www.palgrave-journals.com/jphp/index.html">http://www.palgrave-journals.com/jphp/index.html</a> Health Promotion International <a href="http://heapro.oxfordjournals.org/">http://heapro.oxfordjournals.org/</a> European Sport Management Quarterly <a href="http://www.tandfonline.com/toc/resm20/current">http://www.tandfonline.com/toc/resm20/current</a> Journal of Sport Management <a href="http://journals.humankinetics.com/jsm">http://journals.humankinetics.com/jsm</a>
2	Health promotion and public health. International strategies and programmes for health promotion.	Irena Misevičienė	
3	Health Enhancing Physical activity (HEPA) and sports policy	Irena Misevičienė	
4	Health inequities: significance of socio-economic indicators to health.	Irena Misevičienė	
5	European strategies to control NSD's and promote physicl activity.	Irena Misevičienė	
6	Intersectorial collaboration and partnership for the achievement of the targets of health and sports policies, and preventive programmes.	Irena Misevičienė	

### References provided for the establishment of the study module

No.	Author	Year of publication	Title	The place of publication, publisher or internet link	No. of module theme
1	WHO	2015	WHO Regional office for Europe. Policy documents	<a href="http://www.euro.who.int/en/health-topics/health-policy">http://www.euro.who.int/en/health-topics/health-policy</a>	1-6
2	Zsuzsanna Jakab	2011	Embarking on Developing the New European Health Policy—Health 2020	European Journal of Public Health, 2011, 21(1):130-132	1,4

No.	Author	Year of publication	Title	The place of publication, publisher or internet link	No. of module theme
3	WHO and WHO Regional office for Europe	2012	Health 2020: a European policy framework supporting action across government and society for health and well-being	<a href="http://www.euro.who.int/en/who-we-are/governance/regional-committee-for-europe/sixty-second-session/documentation/working-documents/eurrc629-health-2020-a-european-policy-framework-supporting-action-across-government-and-society-for-health-and-well-being">http://www.euro.who.int/en/who-we-are/governance/regional-committee-for-europe/sixty-second-session/documentation/working-documents/eurrc629-health-2020-a-european-policy-framework-supporting-action-across-government-and-society-for-health-and-well-being</a>	2,4,5,6
4	WHO	2015	Physical activity strategy for the WHO European Region 2016–2025	Regional Committee for Europe 65th session. Vilnius, Lithuania, 14-17 September, 2015 <a href="http://www.euro.who.int/en/about-us/governance/regional-committee-for-europe/65th-session/documentation/working-documents/eurrc659-physical-activity-strategy-for-the-who-european-region-20162025">http://www.euro.who.int/en/about-us/governance/regional-committee-for-europe/65th-session/documentation/working-documents/eurrc659-physical-activity-strategy-for-the-who-european-region-20162025</a>	1,3
5	EC document	2011 2007	Developing the European Dimension in Sport White Paper on Sport	<a href="http://ec.europa.eu/sport/news/communication-on-sport-adopted_en.htm">http://ec.europa.eu/sport/news/communication-on-sport-adopted_en.htm</a> <a href="http://ec.europa.eu/sport/documents/wp_on_sport_lt.pdf">http://ec.europa.eu/sport/documents/wp_on_sport_lt.pdf</a>	3

#### Mandatory study sources

No.	Author	Year of publication	Title	The place of publication, publisher or internet link	No. of module theme
1	.WHO	2015	WHO Regional office for Europe. Policy documents	<a href="http://www.euro.who.int/en/health-topics/health-policy">http://www.euro.who.int/en/health-topics/health-policy</a>	1-6

No.	Author	Year of publication	Title	The place of publication, publisher or internet link	No. of module theme
2	WHO	2015	Physical activity strategy for the WHO European Region 2016–2025	Regional Committee for Europe 65th session. Vilnius, Lithuania, 14-17 September, 2015 <a href="http://www.euro.who.int/en/about-us/governance/regional-committee-for-europe/65th-session/documentation/working-documents/eurrc659-physical-activity-strategy-for-the-who-european-region-20162025">http://www.euro.who.int/en/about-us/governance/regional-committee-for-europe/65th-session/documentation/working-documents/eurrc659-physical-activity-strategy-for-the-who-european-region-20162025</a>	1,3
3	WHO	2015	NCD's prevention and control: main WHO documents on policy and strategies	<a href="http://www.euro.who.int/en/health-topics/noncommunicable-diseases/ncd-background-information/vienna-declaration-on-nutrition-and-noncommunicable-diseases-in-the-context-of-health-2020">http://www.euro.who.int/en/health-topics/noncommunicable-diseases/ncd-background-information/vienna-declaration-on-nutrition-and-noncommunicable-diseases-in-the-context-of-health-2020</a>	5
4	EC document	2007	White Paper on Sport	<a href="http://ec.europa.eu/sport/documents/wp_on_sport_lt.pdf">http://ec.europa.eu/sport/documents/wp_on_sport_lt.pdf</a>	3
5	Kickbusch, I., Gleicher, D.	2012	Governance for health in the 21st century.	<a href="http://www.euro.who.int/en/what-we-publish/abstracts/governance-for-health-in-the-21st-century">http://www.euro.who.int/en/what-we-publish/abstracts/governance-for-health-in-the-21st-century</a>	4,5,6

#### Supplementary study sources

No.	Author	Year of publication	Title	The place of publication, publisher or internet link	No. of module theme
1	M.Marmot	2014	Review of social determinants and the health divide in the WHO European Region.Final report.	<a href="http://www.euro.who.int/en/search?q=m+marmot">http://www.euro.who.int/en/search?q=m+marmot</a>	4
2	EC document	2011	Evaluation report of the Preparation Actions in Sport	<a href="http://ec.europa.eu/sport/news/doc/evaluation_final_report_prepact_special_events_20110727.pdf">http://ec.europa.eu/sport/news/doc/evaluation_final_report_prepact_special_events_20110727.pdf</a>	3
3	WHO	2011	WHO, Health enhancing physical activity (HEPA)	<a href="http://www.euro.who.int/_data/assets/pdf_file/0006/151395/e95785.pdf?ua=1">http://www.euro.who.int/_data/assets/pdf_file/0006/151395/e95785.pdf?ua=1</a>	3

No.	Author	Year of publication	Title	The place of publication, publisher or internet link	No. of module theme
4	Hynek Pikhart and Jitka Pikhartova	2015	The relationship between psychosocial risk factors and health outcomes of chronic diseases: a review of the evidence for cancer and cardiovascular diseases.	<a href="http://www.euro.who.int/en/publications/abstracts/relationship-between-psychosocial-risk-factors-and-health-outcomes-of-chronic-diseases-a-review-of-the-evidence-for-cancer-and-cardiovascular-diseases-the-2015">http://www.euro.who.int/en/publications/abstracts/relationship-between-psychosocial-risk-factors-and-health-outcomes-of-chronic-diseases-a-review-of-the-evidence-for-cancer-and-cardiovascular-diseases-the-2015</a>	4,5
5	WHO	2015	Taking a participatory approach to development and better health. Examples from the Regions for Health Network (2015)	<a href="http://www.euro.who.int/en/publications/abstracts/taking-a-participatory-approach-to-development-and-better-health-examples-from-the-regions-for-health-network-2015">http://www.euro.who.int/en/publications/abstracts/taking-a-participatory-approach-to-development-and-better-health-examples-from-the-regions-for-health-network-2015</a>	1,6
6	Kelly, P., Matthews, A., Foster, Ch.	2012	Young and physically active: a blueprint for making physical activity appealing to youth	<a href="http://www.euro.who.int/en/what-we-do/health-topics/disease-prevention/physical-activity/publications/2012/young-and-physically-active-a-blueprint-for-making-physical-activity-appealing-to-youth">http://www.euro.who.int/en/what-we-do/health-topics/disease-prevention/physical-activity/publications/2012/young-and-physically-active-a-blueprint-for-making-physical-activity-appealing-to-youth</a>	4,5,6

#### Module execution form for study programmes

No. of theme	Contact hours							Self-study time and tasks		The entire student workload in hours
	Lectures	Seminars	Consultations	Practice sessions	Laboratory work	Placement	Contact hours in total	Self-study hours	Tasks	
1.	1	3					4	20	Preparation to the exam, homework preparation for the seminars (case study, discussion), individual project preparation	26
2.	1	3					4	15		19
3.	1	3					4	15		19
4.	1	3					4	15		19
5.	1	3					4	20		24
6.	1	3					4	19		23
Exam		2					2			
In total	6	20					26	104		130

Strategy of assessment of student achievements

No. of theme	Assessment strategy/types of tasks for assessment	Influence on grade, %	Assessment criteria
1-3	Seminar (case study, discussion, individual project preparation	25	Students are assessed according to the LSU study guide (2012-06-26) part 4.12
4-6	Seminar (case study, discussion, individual project preparation	25	
1-6	Exam (written)	50	